



LADIES CHOICE

The Mattapoissett Woman's Club Newsletter

www.MattapoissettWomansClub.org

April 2023
VOLUME LXI No. 9

PRESIDENT'S CORNER

Dear Club Members,

April marks the end of the current club year and the beginning of the New Year for the Mattapoissett Woman's Club. At our annual meeting at the Wamsutta Club on the 20th our new slate of officers will be sworn in. Most of the names on this slate have not changed, including myself and VP Kate Brown. It has been my pleasure to have the opportunity to lead the MWC this past year. As I ask myself why this was a good decision for me, the answer is all of you make it a good decision.

The women I have met, and the few of you that I have yet to meet, make me glad to be a member of the Mattapoissett Woman's Club. The spirit of this club is so welcoming, so fun, so 'let's get this done,' and so caring and this has been a year of that.

Now that we are easing from the pandemic, I look forward to one more year of contributing in the role of President of the MWC. The activities of the Club still continue through the summer. Please sign up to volunteer to help us with our summer events and reach out to me during the summer with anything on your mind. I hope to see you at the April luncheon. I believe the room is large enough for all 112 of us to attend!

Best wishes,
Sandra Hering
MWC President



Sandra Hering
President, MWC

SAVE THE DATE Mattapoissett Woman's Club Annual Luncheon Meeting

April 20th at 11:00am
Wamsutta Club
427 County Street, New Bedford
\$30.00 per person which includes tax and gratuity
Look for an email from Lois Ennis asking
or your meal choice and payment.
Hope to see you all!

Mark your calendars!

Garden Group

Wednesday, April 11
9am Park & Ride
Rogers Williams Park

Literature Group

Wednesday, April 12
9:30 am

Bridge Group

Tuesday, April 11 & 25
1:00 pm

Annual Meeting Luncheon

Thursday, April 20 11:00 am
Wamsutta Club

HOW DID I GET TO THE MWC?

My name is Beth Inglis and I'm pleased to be on the slate as the next Treasurer for the Mattapoissett Woman's Club. I was asked to introduce myself for the April newsletter.

I grew up in Fairfield, CT and attended Mount Holyoke College before graduating from The University of New Hampshire with a business degree. I worked in the Hartford area after college where I met my husband of 33 years.

While working for The Traveler's Insurance Company in the late 1980's, I joined the Junior League of Hartford at my mother-in-law's encouragement. I had a wonderful time learning about the area and meeting new people while volunteering time in the community. The lesson my mother-in-law taught me was not just to live in a community, but to engage in that community. When we bought our first home in Avon, CT, I left the JLH

and joined the Avon Junior Women's Club where I first met new MWC member, Deb Ward. Our church was also a significant part of our family life and it was there we first met MWC member, Carolyn Price. What a small world it is!

Over the years, I held many roles in the nonprofit sector, some as an employee and many as a volunteer. Whether building a playground or balancing financial reports, I worked for the community, my family or a friend in need. For many of those years I served as a treasurer or bookkeeper.

I first came to Mattapoissett in 1987 when I was dating my husband. I loved it here instantly and Rob's little family cottage and property has been a very big part of our family life ever since.

At the time, several of the properties around us were owned by his relatives, so we had an immediate sense of belonging. One of those relatives was Rob's great aunt Alicia (Foster) Nash (who lived to be 105). During the winter of 1950 - 1951, she documented the family history on Aucoot Cove with pictures and stories dating back to 1907. I wonder if she knew at the time what a gift her efforts would be to future generations.

Her grandfather purchased land at the end of Aucoot Road sometime in the late 1800's and my children are the 6th generation to enjoy the beauty of Aucoot Cove. Having stories and pictures over 100 years old gives us a true appreciation for the landscape and a desire to protect it for future generations.

Although we raised our two daughters in Connecticut's Farmington Valley, it was Mattapoissett where they learned to swim and sail and spent most of their summers.

Our two daughters are both married now and living in Baltimore and Nashville, but they love to visit and hope to work their way back to New England and closer to their "beach house." They are both thrilled we have made our cottage into our home and although we used to laugh at the old bumper stickers for Mattapoissett, we absolutely agree that "Mattapoissett is special" and Rob and I are thrilled to call it home.

~ Beth Inglis



March Luncheon Meeting

'Twas the wearing of the green at our delicious St. Patty's themed luncheon prepared and served by Hostess Janet Liljedahl and her able-bodied committee. Thank you to the committee and to Sue Mitchell for the lovely floral arrangements and festive decorations at each table.

Members and guests listened attentively as Club member and previous scholarship winner Morgan Browning gave an excellent presentation on the dramatic effects of the Covid isolation on college students. Morgan is pursuing her PhD in Psychology at UMassDartmouth and has experience in treating Obsessive Compulsive Disorder (OCD) and Acceptance and Commitment Therapy (ACT).

President Sandy Hering conducted a brief business meeting highlighting upcoming summer events for the Club.

See Cindy's recipe for Chinese Chicken Salad on page 11.





MWC News & Information

MWC MAKES ANNUAL DONATIONS

As most of you know, the MWC makes annual donations to several organizations during the month of March. This year we reduced the number of donations from 14 to 10. However, we increased the amount awarded to \$200 for each organization totaling \$2000 in all. Thank you to all of you who helped make this possible with your countless hours of volunteerism, fundraising, and contributions. This year's recipients are:

Gifts to Give

Women's Center New Bedford

YWCA

Mattapoissett Council on Aging

Mattapoissett Free Public Library

Mattapoissett Land Trust

Mattapoissett Museum

Veteran's Transition House

Showstoppers

Child & Family Services

Additionally, we plan to award \$6500 in scholarships in August. The Scholarship Committee will be announcing these awards soon. And lastly, as you know, the MWC makes several donations throughout the year as needs arise. Yes, we are a generous group and couldn't do it without the support from all of you. Thanks for being a member!

~ Sue Mitchell, Treasurer

**Executive Board Meeting
at the Mattapoissett Free Public Library
THURSDAY, APRIL 13 • 10:00 AM**

SPRING COCKTAIL SOCIAL GATHERING

Spring Cocktail Social Gathering will be held on Sunday, May 21 from 5 - 7 pm at the home of Jim and Myra Hart, 115 North Street, 508-758-4703, Myralhart@gmail.com

Please bring an appetizer to share and your beverage of choice. For this event, RSVP directly to Myra whose contact information is above.

There will be a sign up sheet available at the Annual Meeting. This is always a relaxed, fun gathering and a wonderful way to get to know more of your MWC friends and occasionally their spouses/significant others.

Hope to see you on the 21st!

PANSIES ARE PLANTED!



From left: Sharon Doyon, Ruth Ann Walega, Sandy Hering, Maureen Kelly, and Cindy Turse planted pansies at the library and the Post Office.

MWC News & Information



TAG SALE/STUFF NEEDED

This year's TAG SALE will be held on Saturday, May 6, 2023 (raindate May 7) from 9:00am -12:00pm at the parking lot next to Ying Dynasty. All proceeds will benefit the Scholarship Fund as well as other local charitable organizations supported by the Club.

The response for volunteers and donations has been wonderful but...WE STILL NEED YOUR STUFF! If you are not available for the sale but have STUFF,

we are happy to have you drop it off or we can arrange pickup. The items need to be clean, in good condition and priced by you. MWC reserves the right to refuse unsuitable items. All unsold items, unless specified by you, will be donated.

Items needed:

- Kitchen and housewares
- Outdoor camping and sports equipment
- Books (limit 10)
- Collectibles
- Gardening tools, Pots
- Tools
- Beach chairs and small rafts as well as sand toys
- Framed art prints
- There will be a Christmas Decor table.

Thank you to those who will be volunteering and donating. You will receive an email with additional information for the day of the sale. With all of us working together, this sale can be nothing but successful!

Questions/concerns? Contact Linda Clifford at 508-758-5306 or tilly_ralph@hotmail.com.

~ Linda Clifford

MAH JONGG

Ever think about learning a new game? The MWC is partnering with the Mattapoissett COA to teach people interested in learning the ancient game of Mah Jongg on Wednesdays at 1:00 pm at the COA. Whether you have played the game before and need a refresher to get back to playing or are entirely new to the game, these sessions will teach you what you need to know to enjoy the camaraderie and fun of the Chinese game. Sessions will begin on April 19th. Teaching will be done by MWC member Mary Dermody. All are welcome, including spouses, partners and the general public. The game is played with



a set of tiles which will be provided so all you need to do is call the COA to indicate you plan to attend so they set up enough tables, although drop-ins are always welcome. No commitment is needed, but be forewarned that the game has been known to be a moderately addictive exercise for the brain!



Marion Natural History Museum

—NATURALLY CURIOUS—

Marion Museum of Natural History Upcoming Programs

Marion Museum of Natural History is offering interesting, thought-provoking, educational programs this winter.

8 Spring Street, Marion, MA

508-748-2098 info@marionmuseum.org

Hours: Wednesday 12:00 - 4:00 pm Friday 12:00 - 2:00 pm

Butterflies of Southeastern Mass and the Cape

April 5 @ 10:30 am - 11:30 am

COMMUNITY PROGRAM

“Butterfly Man” Joe Dwelly, a Yarmouth resident, will be visiting the Marion Natural History Museum to share what he knows about our local species. Mr. Dwelly will give advice about where they can be found and how community members can attract them to their own backyards.

Please go online to register for this program: <https://marionmuseum.org/event/butterflies-of-southeastern-mass-and-the-cape#rsvp-now>

Win for Right Whales

May 17 @ 10:30 am - 11:30 am

COMMUNITY PROGRAM

Woods Hole Researcher Michael Moore has been working with fishermen, engineers, and other scientists to adapt technology that allows bottom trap retrieval with less risk of whale and turtle entanglement. Potentially allowing fishermen to fish in areas otherwise closed for whale conservation. Come in and meet Dr. Michael Moore to hear more about this interesting and hopeful topic.

Please go online to register for this program: <https://marionmuseum.org/event/a-potential-win-for-endangered-right-whales#rsvp-now>

Butterfly Walk at Washburn Park

May 20 @ 11:00 am - 1:00 pm

COMMUNITY PROGRAM

Join Massachusetts Butterfly Club member Andrew Griffith for a short walk and discussion about looking for butterflies around the beginning of the Washburn Park trails. The purpose of the walk will be to find and identify butterflies and their related host plants. Please dress accordingly and the program will be weather dependent. Attendees are highly encouraged to wear long pants and bring the insect repellent of their choice.

GROUPS SCHEDULES & INFORMATION

Garden Group

On April 11th, members of the Garden Group will visit the Fairy Gardens at Roger Williams Park Botanical Center in Providence followed by lunch at an Italian restaurant on Federal Hill.

The **June in Bloom Garden Tour** will take place on June 24th. The committee is hard at work for the tour of seven very unique and wonderful gardens. As always the gardens are secret until the day of the tour. This is a rain-or-shine event and we look forward to all members supporting this fundraiser by purchasing a couple of tickets. If you're not a member of the Garden Group but would like to be a garden sitter for a couple of hours, please contact Cindy Turse - mahina@turse.org

Members of the MWC are always welcome to join the Garden Group or visit a meeting.

Garden Group members were treated to a small feast at the March 22nd meeting in the library. We sampled an assortment of healthy appetizers, butternut soup, rice salad, and chicken tagine created especially for us by Chef Colby Rottler. The appetizers featured various spices and herbs and lots of useful information, i.e., our fresh garden-grown herbs can be frozen to use in other seasons.



GROUPS SCHEDULES & INFORMATION

Literature Group

Wednesday, April 12 9:30 am

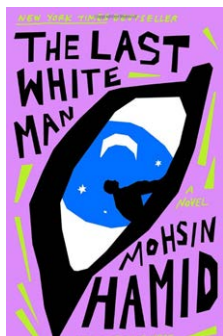
On Wednesday, April 12, we will meet at the home of Linda Clifford, 143 Brandt Island Road at 9:30 am. The discussion book for this meeting is *"The Last White Man"* by Mohsin Hamid. There will also be sign-ups for our group trip on Wednesday, May 10, to the Cape Cod Museum of Art, both for those attending and drivers to carpool. Please email Linda at tilly_ralph@hotmail.com if you will be coming to the meeting so that Linda can plan for seating. Since this is our last book discussion meeting of the club year, we will need suggestions for a book for the September meeting. Hope to see you there.

Questions? Contact **Peg Olney** for more information at pegolney@verizon.net or call 508-758-3069.



Peg Olney

Literature Group Chair,
Ladies Choice Publisher
1998 - 2018
& Current Editor



One morning, a man wakes up to find himself transformed. Overnight, Anders's skin has turned dark, and the reflection in the mirror seems a stranger to him. At first he shares his secret only with Oona, an old friend turned new lover. Soon, reports of similar events begin to surface. Across the land, people are awakening in new incarnations, uncertain how their neighbors, friends, and family will greet them. Some see the transformations as the long-dreaded overturning of the established order that must be resisted to a bitter end. In many, like Anders's father and Oona's mother, a sense of profound loss and unease wars with profound love. As the bond between Anders and Oona deepens, change takes on a different shading: a chance at a kind of rebirth--an opportunity to see ourselves, face to face, anew.

Bridge Group

Tuesday, April 11 & 25, 1:00pm

The Bridge Group will be meeting at Aina Holden's house on April 11th, and Betty Parker will be the hostess on April 25th.

Due to a late start in October, our bridge games will continue into May. Carolyn Price will host on May 9th and Jackie Slade on May 23rd.

Many thanks to Trina Beneker, Beth Inglis, Bobbie Ketchel and Marianne Mattison who filled in when needed.

The games will start up again in September. Subs are always welcome to sign up.



GROUPS SCHEDULES & INFORMATION

Woman's Club Walks

Fridays 1:30 pm

The Friday walks have continued through the mild winter. Recently twelve MWC members walked around the Bay Club Golf Course as guests of Mary Dermody. She was a most informative guide and we gained knowledge about the community's efforts as the only Certified Silver Audubon Signature Sanctuary in Massachusetts, with 88% of the original forest still preserved.



The Walking Group schedules walks every Friday at 1:30 p.m., weather permitting. Communication about the location is done via email, Facebook and our web site. Please contact Erin Burlinson at 508-758-4336 for more information.

Earth Day 2023, 'Invest In Our Planet'

The Mattapoisett Free Public Library's Sustainability Partnership is providing opportunities for individuals and organizations to address their inner eco-consciousness and to make a tangible impact on Mattapoisett's environment. The plan is to meet at the library on Saturday, April 22, at 9 am for assignments. Clean up is from 9 am to 11 am. Please consider being a volunteer captain. The clean-up will benefit marine life and promote human health as we pick up the detritus of a consumer culture that eats away at the natural landscape and threatens the survival of our shared planet. All waste and litter collected on behalf of the Sustainability Partnership can be deposited at a specified area on the library property where it will be weighed and recorded by Board of Health Agent Gail Joseph. Mattapoisett's DPW will dispose of the collected waste.

Individuals/groups will be assigned cleanup sites or they can create their own solo or small group cleanups in their neighborhood or where they work. Please take before and after pictures, dress accordingly, and bring a reusable water bottle. Thank you for taking action and participating in our community project addressing waste that causes visual pollution and damages the esthetics of our Town.

The cleanup raises awareness of the historic and esthetic character of Mattapoisett—its identity, quality and charm.

Please join us after the Saturday, April 22nd clean-up at or about 11 a.m. at the Mattapoisett Free Public Library for refreshments including locally made pizza and Shipyard Galley cookies.

~ Eileen Marum

Mama Mahina's Chinese Chicken Salad

As served at the MWC meeting March 16, 2023

Ingredients:

- 1 whole shredded roasted chicken
(cooked by your favorite local store)
- 1 head of Napa cabbage - sliced crosswise
- 1 bunch green onions - chopped
- 1 bunch fresh cilantro - leaves only, chopped
- 1 - 2 shredded carrots

Topping:

- 1 package slivered almonds
- 1 package somen or ramen noodles – smashed
(use a rolling pin or meat tenderizer to crush the noodles in the package)
- 1 tsp. sesame oil

After crushing the noodles still in the packaging, discard the seasoning packet.

Brown the noodles and the almonds mixed with 1 tsp. of sesame oil in a very large frying pan.

The noodles brown more slowly than almonds, so mix the almonds in after a couple of minutes.

The browning moves quickly. I start the noodles on high and then drop the heat to medium – stirring constantly.

Dressing:

Make 1-2 days ahead and refrigerate

- 1/2 C. rice vinegar
- 1/2 C. canola oil – 1 tsp. sesame oil
- 3 TBSP oyster sauce
- 3 TBSP sugar
- salt & pepper to taste
(probably 1/2 tsp. salt and 1/3 tsp. pepper)

Before tossing the salad, I add half of the noodle mix to the salad ingredients and then add the dressing. Toss. Top the salad with the rest of the almonds and noodles before serving.



GROUPS SCHEDULES & INFORMATION

Great Decisions

The 2023 Great Decisions program which ended on March 8 posed many difficult questions and concerns about China and US relations, Iran, economic warfare, poverty, war crimes, famine and climate migration. There were weeks when many members were affected emotionally due to the subject matter. We found that discussing and researching the topics put us right into contemporary global issues such as catastrophic weather, climate change and famine.

Each week either one or two members of the group would lead the discussion. For example, for "Politics in Latin America," our Woman's Club member, Kristen McCormack in her first year joining Great Decisions, was co-leader with Ellen Stone from Marion. While teaching at Boston University at the Questrom School of Business, Kristen founded the popular Latin America Field Seminar, taking groups of MBA students annually to Brazil, Argentina and Chile to study business and economic trends and environmental sustainability in the region. So we were enlightened by her first-hand experience and knowledge of the topic. Her co-leader, Ellen Stone, who has been living in Marion for the past 36 years and retired as a Registered Investment Advisor managing investment portfolios with a specialty in foreign debt instruments and ESG/SRI investments, was a perfect match to cover the economics and politics of the Latin American regions with Kristen.

For our last topic, "Climate change, environmental degradation and migration," we invited Dr. Karen Jacobsen, the author from our text. She is a world classic scholar with a Ph.D., M.I.T., 1992; SM, Political Science, M.I.T., 1988; MA, Sociology. Northeastern U., 1985; and BA, Political Science and English, University of Witwatersrand in Johannesburg, South Africa, 1979. Dr. Jacobsen is the Henry J. Leir Professor of Global Migration at the Fletcher School of Law & Diplomacy at Tufts University. By way of Zoom, she talked about her current research and project for "Refugees in Towns" in Ethiopia where she recently visited, studying urban displacement of migrants. We were delighted to have her academic leadership and professional focus on the topic.

Faithfully each week, Marianne Hickey provided the refreshments, coffee and water. Her commitment was tried and true, and well appreciated. Nancy Holland and other members offered delicious treats, too. Refreshments are an integral part of the social community and add to the camaraderie and uplifting



Ellen Flynn

*Chair of Great Decisions,
Past MWC President,
and Director & Chair of
the Education Committee,
Mattapoissett Land Trust*



Continued on page 13

GROUPS SCHEDULES & INFORMATION

Great Decisions

Continued from page 12

balance to what sometimes seems very arduous and grueling subject matter.

Again, our Great Decision's discussion group experienced enormous success with almost 30 members of highly educated and diverse backgrounds. I am privileged and honored to be the Chair of this community service.

~ Ellen Flynn



Top Row from Left: Ellen P. Flynn, Chair and Jennifer Jones, Director of the Library, far left corner, Carlton Dasen, Luice Monavitch, Michael Suominen, William Fredericks, Corinne Marlow, Nancy D. Persson, Kristen McCormack (far right corner).

2nd Row from Left: Carol Kolek, Marianne S. Hickey, Anne Layton, Ellen Stone, Diane Brown-Couture, Ralph Eustis, Lauren Keene.

3rd Row from Left: Penny Tocci, Peggy Trotten, Gilbert Perry, Claire Keene, Richard Van Inwegen.

4th row from Left: Marianne Mattison, Arlene Todd, Dianne Tsitsos, Christine Gaudreau.

Missing from Photo: Kate Brown, Sally Begley, John J. Goss, Nancy Holland, Ruth Oliver Jolliffe, Art Layton, Jennifer Shepley, Kathy Tsitsos, John Wiliszowski.

The 2023 Tour de Crème

A Fundraising & Fun-Raising Event

Register to Ride (and eat ice cream.)

Online registration opens March 22nd and closes May 15th. This event has sold out quickly in past years, so visit our website early to register!



Sign up to Volunteer (and eat ice cream.)

Please visit our website and fill out the volunteer form. You can choose how you'd like to help, and you get a T-shirt!



tourdecreme.org



Mattapoisett
Land Trust



Brought to you by the...

Don't wish to ride...then volunteer instead! Volunteers help at Check-In, directing riders at turns along the route (we provide flags and safety vests), at the Party at Munro Park, etc. We can use some help marking the routes the week before the event and setting up the day before the event.

All funds raised benefit the Mattapoisett Land Trust and Friends of the Mattapoisett Rail Trail.

If you can lend a hand, please sign up on the Tour de Creme website. It helps us track important details. tourdecreme.org/volunteer

Questions? Contact either Renee Pothier at reneerailtrail@gmail.com or Robin Lepore at robin.lepore@gmail.com

MWC MEMBERS COME THROUGH AGAIN!

Thank you to the many MWC members who donated to help the victims of the recent earthquake in Turkey and Syria. In less than a week, we collected \$557. Additionally, the MWC donated \$43 to round out our donation to an even \$600. Of this amount, we sent \$400 to the World Central Kitchen and \$200 to the International Committee of the Red Cross (ICRC). Below are some photos of the work that these organizations do to aid victims in time of need.

As many of you know, the MWC emblem depicts 4 rays emanating from Ned's Point Lighthouse. These rays represent the scope of our activities: Civic, Social, Educational, and in this case, Philanthropic. Thank you for making a difference in people's lives.

~Sue Mitchell



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Recording Secretary

Sherry Hoines

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2024 Carole Clifford

2025 Linda Clifford

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Garden Group*

Chair - Cindy Turse

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Gail Roberts

Special Committee Chair

Great Decisions

Ellen Flynn

Photographer

Ann Tisdale

Greetings & Remembrances

Linda Clifford

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Chair

2023-2024 Bethany Cuoto

2024-2025 Jan Hubley

Audit Committee

2023 Cindy Turse

2024 Marianne Hickey

2025 Sherry Hoines

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Sharon Doyon

Christine Voss

Kate Brown

Social Activities

Bridge

Jackie Slade

Knitting

Marie Rottler

Literature Group

Peg Olney

Social Cocktail Group

Linda Clifford

Welcome

New Members

Marianne Hickey

Walking Group

Sandra Hering

Membership Dues Reminder!

2023 - 2024 DUES FORM

Return in hand or mail with your
check payable to MWC for \$25.00 to

Lois K. Ennis
5 Pine Island Road,
Mattapoisett, MA 02739

Name: _____

Address: _____

Phone: _____

Cell: _____

Email: _____

Please check if this is a correction to your contact info
in your current copy of the Blue Book.

Dues By-Law

Sec. 1 The annual dues shall be \$25.00 payable in advance at the annual meeting. New members admitted after January 1st shall pay \$25.00 and be credited for the upcoming fiscal year.

Sec. 1 Members whose dues remain unpaid after the annual meeting shall be notified by the Assistant Treasurer, and after July 1st shall be regarded as having voluntarily withdrawn from the club.