



# LADIES CHOICE

The Mattapoissett Woman's Club Newsletter

[www.MattapoissettWomansClub.org](http://www.MattapoissettWomansClub.org)

October 2022  
VOLUME LXI No. 3

## PRESIDENT'S CORNER

Dear Club Members,

October is a wonderful month in New England and I'm currently feeling optimistic about the status of Covid in our area. We had a spectacular September meeting last month, welcoming many new members and many returning members, and I hope the same for October. It is wonderful to be able to meet again and enjoy the camaraderie that our in-person meetings provide.

We have an exciting speaker for our October 20th meeting. **Laura Gardner**, Chair of the [Southcoast Climate Reality Project](#), brings the topic of climate change to our towns and the communities in which we live. She will talk about fossil fuels and plastics, and how we can work toward net zero greenhouse emissions in our communities. She is organizing a book club to begin this month in Fairhaven. Laura is full of ideas of what we each can do to make a big difference for our kids' and grandchildren's lives in the future. I hope many of you will be able to attend this meeting.

So in the meantime, enjoy our fall temperatures and mark your calendars.

Best wishes,  
Sandra Hering  
MWC President



**Sandra Hering**  
President, MWC



Laura Gardner

## Coming In January: Member Book Swap!

Have a favorite book that you have read and wish to bring to our January meeting to give to another club member? Save it for our January meeting where we invite all to bring up to 2 books and find up to 2 books to take home. More details in future Ladies Choice issues.

### Woman's Club Luncheon Meeting

Thursday, October 20  
11:00am at Reynard Hall,  
Mattapoissett  
Congregational Church

Guest Speaker:  
**Laura Gardner,**  
Southcoast Climate  
Reality Project



## Mark your calendars!

### Garden Group

Wednesday,  
October 5  
10:00am

### Literature Group

Wednesday,  
October 12  
9:30am

### Executive Board Meeting

Thursday, October 13  
10:00am

### Knitting

Thursday, October 27  
2:00pm

## HOW DID I GET TO THE MWC?

I'm Lois Knight Ennis, formerly Lois Knight Heuberger. I'm sure some of you are familiar with the name Heuberger which has a fairly long history in Mattapoissett. I was a village child during those golden years when you went out to play and came home to eat and went to bed. No TV, no cell phones or laptops. Just friends. It was a wonderful childhood, and then I grew up. I married right from high school and moved to Maryland with my new husband, Stan Ennis. I had a clerical job waiting for me at the Navy Department in Washington, D.C. and worked there for five years. During that time my two sons, Stan, Jr. and Steven, were born. Next, we moved back to Mattapoissett where my daughter Jodi Lynn Bauer was born. Now there are six grandchildren and three great-grandchildren.

In 1966 I ran for the elected office of Mattapoissett Town Clerk and held that position for 35 years. I was fortunate to see and participate in the growth of Mattapoissett from a kind of sleepy town to a very modern community. In 1966 there were three full-time employees in the Town Hall and I wasn't one of them as I started as a part-timer. In the mid-80's my office got a computer. My mentor, David Hagen, helped set up my system and taught me some programming with Dbase and, of course, Word Perfect, learning Excel and Access along the way.

I retired in 2001, joined the Club in 2004, and became President in 2005 to 2007. Baptism by fire. I'm not sure when I became the Assistant Treasurer, but I do know it was a long time ago. I've thoroughly enjoyed maintaining the database, collecting and reporting dues, etc., maintaining the email address book and doing the so-called Blue Book, now Membership Book, through all those years.

I haven't gotten involved with many of the other groups that the Club offers, but did chair the Garden Tour one year and for 17 years organized and supported our annual Taste of the Town. It was a great surprise and pleasure to be presented with a Certificate of Excellence and a bouquet of beautiful long-stem pink roses at our last meeting by President Sandy Hering.

Not an exciting life, but one of love for the Town of Mattapoissett, it's people and my family.

~ Lois Ennis



L to R: MWC President Sandra Hering with Lois Ennis

**Executive Board Meeting at the Mattapoissett Free Public Library**

**THURSDAY, OCTOBER 13 • 10:00AM**

## MWC News & Information

### Notecards, Postcards A Scholarship Fundraiser

Ladies, we are close to ending our sales of these wonderful cards. Most of the collections we published over the past couple of years have fewer than ten packages remaining. Please purchase them for your own use or for gifts. The remaining sales are all pure profit for the scholarship fund. \$10/4 notecards and \$10/6 postcards. Pen & Pendulum has our cards near their register and Cindy Turse has an inventory on hand for pick up.

Each pack has an assortment of images and the collections are: Notecards - Summer, Fall, Winter, Salty, Boats, and Flowers; Postcards - Fall & Winter.

The MWC will have a table at the Mattapoissett Museum Pop-Up to sell cards and daffodil bulbs on Saturday, October 8th, 11 AM - 3 PM. Volunteers are needed for two-hour shifts.



### OCTOBER 20th LUNCHEON TEA COMMITTEE

Hostess: Sue Perkins

Elaine Botelho, Diane Brown-Couture, Karen Gardner, Elaine Grant, Kristen Henriques, Jan Hubley, Robin Lepore, Kathy McAuliffe, Kristen McCormac, Roberta Oakley, Anna Simon, Dottie Schwarz, and Ruth Ann Walega

*Please refer to page 48 of the Club's handbook for duties and responsibilities.*

### GIFTS TO GIVE

The cupboards are bare of coloring books and crayons. Kids love Play Dough and all types of crafts. Children's clothing is needed. Please bring an item to our October luncheon meeting to help fill the bins.

Volunteers to sort and clean toys and clothing are sorely needed, as well.



### Mattapoissett Woman's Club Daffodil Project

Fall is here and it's time to think bulbs - daffodil bulbs! The bulbs will be available for purchase at the Mattapoissett Museum Pop-up on October 8th, 11am - 3pm. For more information contact [info@mattapoissettwomansclub.org](mailto:info@mattapoissettwomansclub.org). They will also be available at Pen & Pendulum until there are no more to sell. Don't wait until it's too late! 18 bulbs for \$10.

Our King Alfred bulbs are naturalizing bulbs and make great gifts for family and friends, or perhaps there's a family cemetery plot where you'd like to add joy. Daffodils are maintenance free, gorgeous perennials. Members can support the scholarship program of the Mattapoissett Woman's Club (MWC) by purchasing and/or selling the bulbs.



## Daffodil Daze Recap

Back during April's school vacation week, the MWC hosted a Daffodil Daze event for children in partnership with the Mattapoisett Free Public Library. The event was quite successful and well received by both children and parents. Children were able to pick up a scavenger hunt map at the library and then visit various MWC daffodil gardens throughout town. Each garden had a number posted on a stake and children had to then write down the correct number of the garden on their map. Upon completion of the map, kids returned to the library to exchange their map for a small prize. The MWC had a beautiful table set up in the children's section of the library which was filled with gardening books and educational information on spring flowers and the life cycle of daffodils. The MWC and members made donations to the library and new children's books were purchased focusing on flowers and gardening. We had about 30 children partake in the event. A special thank you to Lynn Haugen for setting up and decorating the table at the library with such a lovely book display, thank you to Miyuki Dawson for planning the weekly library craft to be daffodil themed and thank you to Jennifer Jones for her willingness and support to partner with us on this event. Thank you to Deb Nettles for creating the flyer and scavenger hunt maps! Please enjoy some photos of event!

~ *Bethany Couto*



MATTAPOISETT WOMAN'S CLUB

# *Daffodil Dreams*

ANNUAL MWC DAFFODIL PLANTING PROJECT FUNDRAISER\*

Be a part of this Annual Mattapoissett Woman's Club Project/Fundraiser by purchasing and planting these symbols of rebirth and hope that will brighten our town with their joyful yellow color next Spring!



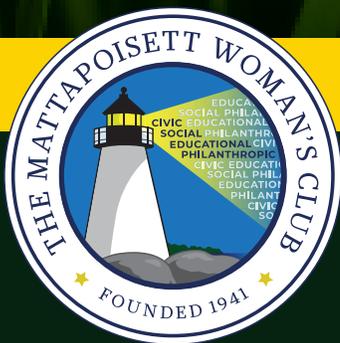
**\$10**

Packs of bulbs (18) will be for sale at the Mattapoissett Museum Pop-Up Sale

5 Church Street Mattapoissett

Saturday, October 8th  
11am - 3pm

To order Daffodils please email [info@mattapoissettwomansclub.org](mailto:info@mattapoissettwomansclub.org) for more information. Bulb packs are also available at **Pen & Pendulum**, 67 County Road, Mattapoissett in October until sold out.



\*DAFFODILS FOR YOUR GARDEN = DOLLARS FOR MWC SCHOLARSHIPS

For 80+ years The Mattapoissett Woman's Club has been helping young people pursue their educational goals by awarding scholarships to high school seniors from Mattapoissett. MWC especially thanks the community for its continuing support of its biennial Garden Tour and all MWC activities during these Covid months. These fundraising activities make the scholarships possible.

Join today! Visit [www.mattapoissettwomansclub.org](http://www.mattapoissettwomansclub.org)

## GROUPS SCHEDULES & INFORMATION

### Literature Group

Wednesday, October 12, 9:30 am

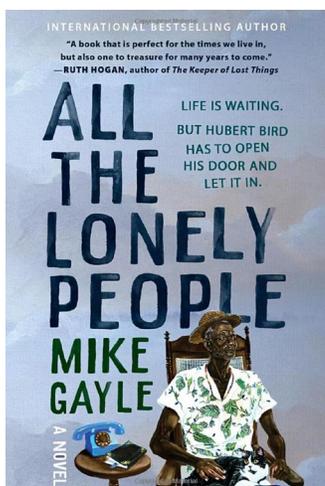
The October meeting of the Literature Group will be on Wednesday, October 12, 9:30 am, at the home of Diane Brown-Couture, 8 Perry Avenue. The discussion book for October is *"All the Lonely People"* by Mike Gayle. The list of books for future meetings is below. The group membership at this time is quite large so if more people are interested in joining, we may need to start a second group. Not everyone is able to come to each meeting, but more than 10-12 are a lot to fit in the home of the hostess and to have a good discussion of the book. See you in October!

Questions? Contact **Peg Olney** for more information at [pegolney@verizon.net](mailto:pegolney@verizon.net) or call 508-758-2531



**Peg Olney**

Literature Group Chair,  
Ladies Choice Editor  
1998 - 2018



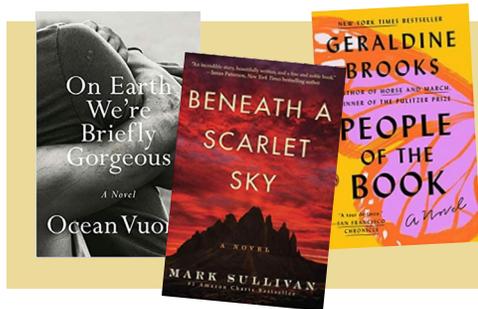
*In weekly phone calls to his daughter in Australia, widower Hubert Bird paints a picture of the perfect retirement, packed with fun, friendship, and fulfillment. But it's a lie. In reality, Hubert's days are all the same, dragging on without him seeing a single soul.*

*Until he receives some good news—good news that in one way turns out to be the worst news ever, news that will force him out again, into a world he has long since turned his back on. The news that his daughter is coming for a visit.*

*Now Hubert faces a seemingly impossible task: to make his real life resemble his fake life before the truth comes out.*

*Along the way Hubert stumbles across a second chance at love, renews a cherished friendship, and finds himself roped into an audacious community scheme that seeks to end loneliness once and for all . . .*

*Life is certainly beginning to happen to Hubert Bird. But with the origin of his earlier isolation always lurking in the shadows, will he ever get to live the life he's pretended to have for so long?*



- |          |  |
|----------|--|
| November | "This is Happiness" by Niall Williams            |
| December | "On Earth We're Briefly Gorgeous" by Ocean Vuong |
| January  | "Beneath a Scarlet Sky" by Mark Sullivan         |
| February | "People of the Book" by Geraldine Brooks         |
| March    | "The Wedding Veil" by Kristy Woodson Harney      |

### Bridge Group

This year Bridge will evolve into one group, to be held on the 2nd and 4th Tuesdays of the month at 12:30 p.m., starting in October. Two tables of Party Bridge will gather at players' homes on a revolving basis. The hostess will provide light refreshments. Questions? Contact **Jackie Slade** for more information.



## GROUPS SCHEDULES & INFORMATION

### Woman's Club Walks

**Fridays 10:00 am**

MWC Walking Club has resumed our weekly walks. These walks are occasionally ambitious, but more often than not are easy strolls throughout our community. In August several women (and a couple of husbands!) "water walked" to Ram Island on one of our most adventurous walks. This island is located about 1/4 mile offshore from Antassawamock and is "walkable" during low tide only. Equipped with water shoes, teeshirts, and sunscreen we waded through 1-3+ feet of ocean water until we reached the island. Adventurous walkers were Sherry Hoines, Barb Van Inwegen, Sue Mitchell, and friends. Two walkers (Erin Burlinson and Blaise Simpson) stayed onshore to enjoy the view and offer moral support.



*L to R: Mary Dermody, Dottie Schwarz, Sue Mitchell, Linda Clifford, Roxanne Bungert, Bobbi Ketchel, Debbie Ward, Sherry Hoines*

In September our regular walks resumed. Our first walk was led by Erin Burlinson at the Stone Estate in Marion. We strolled along dry paved pathways on a gorgeous fall day. The following week we walked along the new Mattapoisett bike path starting at Nasketucket on Brandt Island Road to Reservation Golf Course. This is an easy walk over raised platforms and bridges with great views of the harbor and marshes. We enjoyed another quaint walk in Marion village where we took many stops along the way to admire gardens, flowers, and historic architecture.

MWC members and friends are always welcome to join us as we walk, chat, and enjoy each other's company. Contact Erin Burlinson for more information on how to join us.

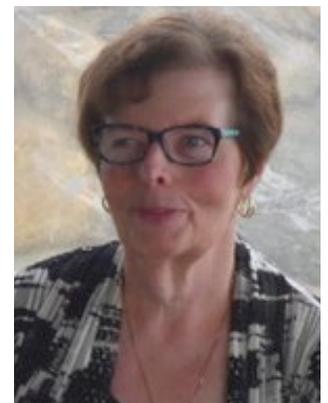
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### Knitting

**Thursday, October 27, 2:00 pm - 4:00 pm**

Even a strong wind and rain storm were not able to keep three dedicated handcrafters from getting together on September 22nd. Although we were hoping to meet on the deck on a beautiful fall afternoon, we were still able to enjoy each other's company.

My last month's article mentioned that it would be interesting to open the group up to more than knitting, and one of the attendees was doing some beautiful smocking work for a young girl's dress. I am hoping that we can expand on that going forward. I am always so impressed with the skill and ideas that present themselves when a group like this gets together.



**Marie Rottler**

*Knitting Chair, Website*

Our next meeting is scheduled for October 27th from 2:00pm to 4:00pm at my home (23 Channel Street). Please call to let me know you are coming. I look forward to seeing everyone.

Questions? Contact **Marie Rottler** for more information about the group at [mjrottler@comcast.net](mailto:mjrottler@comcast.net) or call 508-828-8091.

## GROUPS SCHEDULES & INFORMATION

### Garden Group

**Wednesday, October 5, 10am**

**Mattapoissett Public Library Community Room**

On September 21st our bright pink vests were sighted at Ned's Point, the Mattapoissett Library, and the Mattapoissett Post Office as members of the Group packed daffodil bulbs for sale, trimmed cannas, and "planted" fall plants and gourds in the urns and window boxes. What a busy start to the new season!

The Wreath & Greens Sale will be December 3rd in the parking lot next to Ying Dynasty (Rain date - December 4th). Look for more details in the November issue of the Ladies Choice. All Club members can help make this sale a success by collecting and storing natural items for our use - horseshoe crab shells, other shells, curly willow, pine cones, seed pods, acorns, hops, feathers, dried grasses, seeds, nuts, twigs, bark and twigs with lichen. As you do your fall yard clean-up, capture the BIG acorns with caps before the squirrels hide them. Keep the acorns in a squirrel-proof space. MWC members are invited to donate ribbons, wreath bows, and low bowl-like containers for centerpieces. The containers must be waterproof and able to hold a block of floral foam to keep the arrangements fresh. Larger containers for front steps and porches are also welcome. All volunteers are welcome. Some tasks you can complete at home or join us in person as we begin the group work.

The next Garden Group meeting will be October 5th at 10 AM - 12PM, in the Community Room of the Mattapoissett Library. Andrew Brousseau and Tom LeClair, of Black Earth Compost, will make a Zoom presentation

during the meeting. This organization is advocating to bring curbside compost to Mattapoissett and they have previously presented to the Select Board. All members of the MWC are invited to attend this program in person or via Zoom link. Refreshments and beverages will be provided.

The meeting agenda will include a discussion of the gardens we maintain in town, planning for the annual Wreath & Greens Sale on December 3rd, and our June 24th Garden Tour of Mattapoissett gardens.

MWC members are welcome to join the Garden Group at any time. Dues for the Garden Group are \$10/year.

Questions? Contact **Cindy Turse** for more information. [mahina@turse.org](mailto:mahina@turse.org)



## The Easiest Way to Compost



### 1. Sort Your Food Scraps

Line your curbside bin or kitchen container and fill it with meat, dairy, bones, napkins, paper towels, and more.



### 2. Put Your Bin on the Curb

Place your bin on the curb by 6 AM or the night before. We will swing by and empty the bin. We'll also drop off compostable bags ordered through your online account.



### 3. Receive Finished Compost

Plus order online for delivery of compost, soil, and raised beds.



## Municipal Compost Site Management

Black Earth Compost partners with towns across the state to manage existing compost sites. This saves the towns money by:

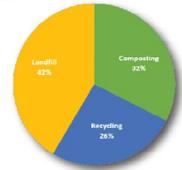
- Enabling lower cost collection service for residents.
- Not paying to dispose of food scraps at the incinerator.
- Capturing a resource that can be blended with yard waste and turned into valuable compost available to residents for free.
- Having Black Earth staff and manage the site.



## State Food Waste Ban

By 2030 the state plans to ban residential food scraps from the waste stream. The ban started in 2014 for large scale food waste producers greater than 1 ton a month, which will lessen to 1/2 ton in Nov. 2022. Mattapoissett can be ahead of other towns by having their own capacity to be in compliance with the ban. Plus the town could profit from the ban rather than have to pay for compliance.

30% of Waste is Compostable



To get a compost route started preregister at [blackearthcompost.com](http://blackearthcompost.com)

Let the Board of Selectmen and Board of Health know composting is important to you. Contact them today.

## Top 5 Reasons to Compost

### 1. Keep Food Scraps Out of the Waste Stream

- Food scraps in a landfill generate methane, a greenhouse gas with a global warming potential 84x more potent than CO2 in the short term.
- MA will have no landfill capacity left in 8 years and currently incinerates most of its waste and ships the ashes to landfills out of state.

### 2. Compost Improves Ecological Health

- Compost improves watersheds by decreasing erosion and by filtering and degrading chemicals in stormwater runoff.
- Compost in soil sequesters CO2 from the atmosphere.

### 3. Compost Improves Soil Health

- Increases moisture retention, microbial activity, soil fertility, disease suppression.
- Improves soil structure and ability to store nutrients.

### 4. Build a More Resilient Massachusetts

- By providing a local source of nutrients to grow healthy plants and food in our backyards and on local farms without the use of chemical fertilizers. The USA is dependent on buying fertilizer from both friendly and less-friendly nations all over the world.
- By processing our waste locally MA is less dependent on trash disposal sites in other states and creates local green jobs.

### 5. It's Easy and Feels Good

- Compostable bin liners make separating and disposing of food scraps clean and convenient
- Easily identify what's compostable with our detailed list. It's more than you think.
- Various bin sizes and curbside pick up schedules to meet your needs.
- Online account to easily manage service.

## About Black Earth Compost

Black Earth Compost was founded in January 2011, in Gloucester, MA. It has steadily grown to become the leading full service compost company in New England. We are dedicated to collecting food scraps from residents, schools, supermarkets, colleges, and more across eastern MA and RI. As a vertically integrated company, we compost the material too, returning it to customers and selling it to garden centers, farms and gardeners to grow more food.

COMPOST, GROW, EAT, REPEAT...

Preregister through the sign up form at [blackearthcompost.com](http://blackearthcompost.com) to start a compost route. no financial commitment

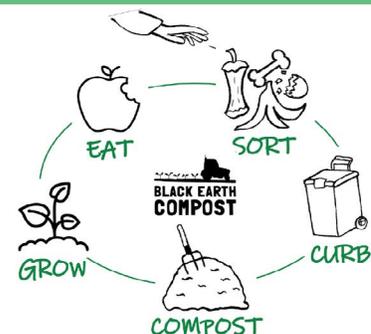
978-290-4610



## BRING CURBSIDE COMPOST TO MATTAPOISETT



AND PARTICIPATE IN FULL CIRCLE SUSTAINABILITY



## Autumn Comfort Foods

When it turns into autumn, besides the beautiful stands of colored leaves all around me, I can swear that I start to smell two things in the air: apple pies and homemade chili with cornbread.

The people at *Southern Living* magazine must feel the same way because the last issue featured a special article about new ways to use fall apples. One of those recipes popped right off the page at me as I leafed through the 24 recipes given – [Granny Smith Slab Pie: Apple Pie to Feed a Crowd](#). Now I had never heard that phrase before – Slab Pie – but I soon learned that it means a pie baked as usual with two crusts but fitted into a 13"x9" baking pan instead of a pie pan. Intrigued, I read on. Save for the shape, it is fashioned just like a regular pie, right down to the mandatory slits in the top, but cut into squares that fit into your hand just like a large cookie. *Southern Living* chose to serve it on a plate, warm and topped with maple syrup flavored homemade whipped cream. I haven't made it yet but it's next on my list of recipes to try. However, this being apple season, I'm sharing the link to the recipe here with you in the hope that someone makes it before this newbie pie maker so they can share any tips with me (us) for second generation creations.



While we're talking food and chili, we had my husband's favorite iteration of that wonderful meal-type soup last night for dinner. A cool night, all tucked into the kitchen with a big slow cooker pot of steaming hot chili putting out its unmistakable promise of good things to come. What could be better?

How about a couple of squirts of [Mike's \(Extra\) Hot Honey Sauce? Available on Amazon](#), it's available in several sizes and packaging configurations. All I can tell you is that Mike's has become an out-on-the-counter-staple in our house. It goes on everything from sandwiches and hamburgers to toast and from yogurt to an even moderately successful try on vanilla frozen yogurt! And yes, that is a pizza it is being drizzled onto, which is evidently quite the big favorite!

In chili, it adds that little bit of mysteriously tasty 'je ne sais quoi?' that has you taking more bites just to figure out what it is between those spicy bites of chili that tastes so good. If you like things extra hot and just a little bit sweet, this could become a favorite in your house, too.

Meantime, please be thinking of November special foods since that's what my column is going to be about each month – tastes for the season. I'll be looking for your emails with write-ups, recipes, and pictures each month of your and your family's favorite for the coming month so we can share a meal every once in a while, if not in person then virtually. ~ Kate Brown



**October 8, 2022**  
**11:00 AM - 3:00 PM**

Support your local businesses on Saturday, October 8, outside on the museum lawn.

Booth rental proceeds benefit the Mattapoisett Museum.

**Come shop these fine vendors:**

- Plaids and Tweeds
- Mattapoisett Women’s Club
- Mattapoisett Land Trust
- My Oily Madness
- Elisa’s Crochet
- Norwex
- SpiderJules Designs
- Mattapoisett Sea Hag Etched Glass
- Feeling Groovy 2Day

**Enter a 50/50 raffle to benefit the Mattapoisett Museum!**

Tickets are \$1 each, 12 for \$10, or 25 for \$20. Winners must be present to win. The drawing will be held at 3:00 PM.

**Spaghetti and Pizza Dinner and raffle to benefit the employees of the Mattapoisett Boatyard**

The Mattapoisett Lions’ Club, the Woman’s Club, and the American Legion are co-sponsoring a Spaghetti and Pizza Dinner and raffle to benefit the employees of the Mattapoisett Boatyard after the fire last month that left many of them in need. The dinner will be held at Rustico Restaurant on Route 6 in Mattapoisett from 1:00 PM – 5:00 PM. Seating will be both indoors and on the deck. A limited number of tickets are available from members of the sponsoring groups, at Mattapoisett’s Pen & Pendulum, and by email at [info@mattapoisettwomensclub.org](mailto:info@mattapoisettwomensclub.org).

Tickets will also be available at the door.

## Officers

### President

Sandra Hering

### Vice President

Kate Brown

### Recording Secretary

Sherry Hoines

### Corresponding Secretary

Elaine Grant

### Treasurer

Suzan Mitchell

### Assistant Treasurer Membership, Dues

Lois K. Ennis

### Board of Directors

2023 Roxanne Bungert

2024 Carole Clifford

2025 Linda Clifford

## Standing Committee Chair

### Publicity\*

Kate Brown

### Website\*

Kate Brown

Marie Rottler

### Facebook\*

Cindy Turse

### Ladies' Choice Editor

Debra Nettles

### Hospitality\*

Erin Burlinson

### Program Director\*

Eileen Marum

### Garden Group\*

Chair - Cindy Turse

Co-Chair - Karen Brackett

## Special Committee Chair

### Great Decisions

Ellen Flynn

### Greetings & Remembrances

Linda Clifford

### Scholarship Committee

2022 Linda Clifford

2023 Roberta Oakley\*

2024 Bethany Couto

### Audit Committee

2022 Anne Layton

2023 Cindy Turse

2024 Marianne Hickey

### Recruitment & Retention

Carole Clifford

Linda Clifford

Marianne Hickey

Christine Voss

## Social Activities

### Bridge

Jackie Slade

### Knitting

Marie Rottler

### Literature Group

Peg Olney

### Social Cocktail Group

Cindy Turse

### Welcome

### New Members

Marianne Hickey

### Walking Group

Sandra Hering

[Join our  
FACEBOOK Group  
to keep informed of all  
MWC news & events!](#)

