



# LADIES CHOICE

The Mattapoissett Woman's Club Newsletter

[www.MattapoissettWomansClub.org](http://www.MattapoissettWomansClub.org)

April 2021  
VOLUME LIX No. 8

## PRESIDENT'S LETTER

Dear Club Members,

Spring is in the air and so is the Woman's Club. There are several events planned from now to June. Pathway to Planting, a Tag Sale and the Garden Tour are all in the "works." Many members have been working hard to bring these events forward. We never found a date for our Pop-up in March that was warm enough and not windy, so it will happen in April. Bubble wands are ready and the "weather watchers" are looking for a prediction of suitable weather. Stay tuned for that event. I may be too optimistic, but I am looking ahead to the fall and a return to our traditional September Pot Luck. Fingers crossed.

Meanwhile our two new volunteer officers have already been busy at work. Cindy Turse has taken on the role of Publicity Chair and is busy coordinating the activities of the Club in the newspapers, writing and creating articles for all the venues and assisting all groups who need help with publicity. She has approached this work with much enthusiasm and we are so lucky to have her step up to this office. Linda Clifford, has volunteered to be the Vice President. Hip-hip hooray! She has introduced herself here in Ladies Choice, and again we are so lucky to have her be willing to do the work of the Club. Now, someone must step up to be treasurer. It isn't fair to Sue to have to continue this job when she is really ready to step down. Please consider taking this job over.

Last but hardly least, Bethany Couto and her husband deserve a huge SHOUTOUT! They are the heroes to many people who could not find an appointment to get vaccinated. Bethany emailed me and volunteered to help our members out so I notified the membership. They were able to get appointments for five of our members, ten of their friends and family and in all 150 appointments. In Bethany's own words, "Basically all I did was talk to people and collect information and then my husband did the actual booking. He closely monitored the website for the Dartmouth vaccine location and when an appointment popped up he was able to move through the registration page in nine seconds." The two of them were a blessing to so many people who were frustrated and anxious about the process. They certainly are heroes and a great assist to this community.

Hopefully we will have future chances to see each other in person and in the meantime be safe and Happy Spring!

Carole Clifford  
*President, MWC*



**Carole Clifford**  
*President, MWC*



# Mattapoisett Woman's Club Executive Board Meeting: March 11, 2021 via Zoom

## Recording Secretary Meeting Summary

The Executive Board meets on the Second Thursday of the month to discuss fund raising events, various projects we are working on and ideas to retain as well as increase membership. As this is a very unusual year due to the pandemic and we are unable to get together as a group on a regular basis, we've decided to publish a summarized version of our meeting in "Ladies Choice" as a means of keeping the members up to date with what's going on in the club.

**Cards & Postcards:** These items are still available at "Pen and Pendulum." Plans are in the works to create Spring Note and Postcards so please send any nice flower pictures you might have to Cindy Turse.

**Retention/Recruitment Committee:** This group created a great brochure advertising our club to potential members. It includes an application on the back. They are now compiling a list of businesses where the brochures could be placed. The Committee reported that they've not had a response to the letter they sent to new members asking what sorts of things they'd like to see the club do.

**Tag Sale:** The date for this event is Saturday, May 1st with a rain date of May 8th. The location will be in front of the old "Bowl Mor" building. Any member wishing to sell items should price them and bring their own tables to display the items. They will be expected to clean up after the event and take home any items not sold.

**Garden Tour:** Our Annual Garden Tour will be held on June 26th. We have 6 gardens signed up for the tour with a possibility of a few more.

**VP, Treasurer Positions:** The Board is happy to report that Linda Clifford has volunteered for the Vice President position. We are still in need of a Treasurer.

**Pathway to Planting:** The Board is planning on conducting this initiative again this year as it advertises local garden shops which helps to boost their sales and helps the members with their spring planting.

**Spring Activities:** Hopefully, the weather will be warmer soon so we're discussing outdoor opportunities to get the club together. March is Bubble Month so the Recruitment/Retention Committee is planning a "Pop-Up" event at Ned's Point where Club members can come together and have fun blowing bubbles.

Respectfully Yours;

Sherry Hoines

*Recording Secretary*

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[Join our FACEBOOK Group to keep informed of all MWC news & events!](#)



**JOIN NOW!**

## Help Needed Desperately!

For our Club to continue, we need a member to step up and fill the office of Treasurer. Sue would be happy to have a shadow for a time before passing the books. Spreadsheet or Quicken experience = a plus, but not necessary.

Traditionally, the terms have been for two years for most offices, but please think creatively so we can negotiate this challenge together - one-year term, shared position.

**PLEASE** consider shadowing the **Treasurer** so she can retire from that office.

*Officers are necessary for the future of the Club.*

*No one wants the educational, philanthropic, civic, and social traditions of the Mattapoissett Woman's Club for 80 years to end.*

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### Call for photos!

Cindy Turse needs photos of spring in Mattapoissett for the next set of cards. Please email your shots to her at [mahina@turse.org](mailto:mahina@turse.org)

Limit the number of photos to no more than five please. You can also contact her to be on a temporary committee to select the designs for the new cards.



# Mattapoisett Woman's Club Executive Board Meeting: March 11, 2021 via Zoom

## Corresponding Secretary Report

A thank you letter was sent to our February speaker, Neil Rheim, Founder and Executive Director of Keep Massachusetts Beautiful. He spoke to us via Zoom of the many ways we can Remove, Recycle and Re-use. Enclosed was a donation of \$75 to his company.

A thank you was sent to Club member Karen Gardner for her donation to the Club.

A \$40 donation was made to the Library in memory of long-time Club member Frances Cairns.

A thank you was sent to town resident Anne R. Righter for her generous contribution toward our Scholarship Fund.

Elaine Grant  
Corresponding Secretary

**Please note:**  
Our next Executive Board Meeting  
is April 8th at 10:00am



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## Membership Dues Reminder!

Dues shall be paid on or before  
the Annual Meeting  
(Article IV, Sec 1 of the By-Laws.)

### 2020 - 2021 DUES FORM

Return in hand or mail with your  
check payable to MWC for \$25.00 to

Lois K. Ennis  
5 Pine Island Road,  
Mattapoisett, MA 02739

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

- Please check if this is a correction to your contact info in your current copy of the Blue Book.
- A donation to your dues for the Scholarship Fund would be appreciated.

## MWC News & Information

### MWC makes Annual Donations

Submitted by Sue Mitchell and Elaine Grant

Thank you to everyone who helped with our many fundraisers throughout the past difficult year! Along with the \$8,500 awarded in scholarships last August, we were able to provide \$1,875 to fourteen local non-profits, as well.

We're happy to say that we are able to make the same commitment this year to those organizations who were greatly impacted by the pandemic and who rely on, and greatly appreciate, our support. In March we donated the following:

Mattapoissett Museum  
Gifts to Give  
Sister 2 Sister  
The Women's Center  
YWCA Southeastern MA  
Child & Family Services Mattapoissett  
Council on Aging  
Mattapoissett Land Trust  
Mattapoissett Library Trust  
ORCTV  
Showstoppers  
Veterans Transition House  
YMCA Southcoast  
Fairhaven Neighborhood News

### A warm welcome to our new Vice-President

The Club has a new Vice President and 'tis I. Let me tell you a bit about myself. My husband and I have been coming to Mattapoissett since 2000 with a boat we had purchased that needed some specialty repairs which only Billy Mee



could provide. We raised our 3 children in Keene, NH where I worked as a Masters level Social Worker in long term and acute care with a short stint in a locked adolescent psych unit. In 2007 we retired and moved here full time. I remember so well the day I came to my first meeting of the Club and was overwhelmed by the warm welcome I received. And here I am! I look forward to working with Carole and meeting those of you I do not know. It is going to be a great year honoring the wonderful traditions of the Club and introducing some new happenings. Oh and by the way, Carole and I are not related.

~ Linda Clifford

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### Keep an eye open for Daffodils!

April brings daffodils to our town, and the Mattapoissett Woman's Club is responsible for the many daffodils that are now in bloom. Planted by the club in the fall of 2019, these beautiful blossoms are the brainchild of then President Roxanne Bungart. Not only did the MWC plant the hundreds of bulbs around our town, we turned it into a fund-

raiser by selling bulbs for the past two years, even during Covid. So enjoy the bulbs this year again, and if you see places that could use more bulbs to plant next fall, please take a picture for us to use. It's been a well appreciated project in the community and we want to keep it growing.



# MWC Upcoming Events

*Mark your calendars for these events!*

## APRIL

### April Pop-Up A Surprise Event for MWC Members

*Brought to you by the Retention & Recruitment Committee*

A Pop-Up event is a temporary unexpected event in a unique space. Woman’s Club is hoping to have such an event sometime in April when the weather is warm. This event is for the sole purpose of GETTING TOGETHER... of course, socially distanced and masked. The team will be watching the weather in April and when there is a warm day predicted will announce the day before a Pop-Up by email (and phone for those who don’t have email) This event will be at the lighthouse at 1:00pm. This will also be a time to break out a bit and be silly if you feel the urge. April has a week devoted to blowing bubbles so there will be bubble wands available for all. *So watch for the announcement, spread the word, and come to the Lighthouse for a bit of joy.*



### Tag Sale

MAY 1 10AM - 2PM RAIN DATE: MAY 8

Ladies, mark your calendars...Saturday, May 1 from 10AM-2PM, there will be a Tag Sale at the BowlMor parking area to benefit the Scholarship Fund and sponsored by this Committee. We need your “stuff” to make it a success. During the first week of April, you will receive an email giving you the all important information about the sale. *Stay tuned... it should be great fun!!*

## MAY

Preparations will be in the works for a Tag Sale and Pathway to Planting events.

### Pathway to Planting

MAY 21, 22, 23

Pathway to Planting is an event we did two years ago, The Club sells booklets that are a passport to local businesses offering discounts on plants etc. The garden places are such fun to visit; we help them get new customers and it happens in time for Memorial Day. *Stay tuned for more details.*



## JUNE

### MWC 2021 Garden Tour

JUNE 26

The fabulous Garden Tour is coming June 26th! *Mark your calendars!*

## Woman's Club Walks

With a few wonderful spring days to inspire us, Woman's Club Walks is expanding. We now have two days of walks heading out each week, one in the morning and one in the afternoon. As always, no commitment is needed, just check the Mattapoisett Woman's Club website for the starting point each week, as we pick new walks and new locations in our lovely town or surrounding towns. The Monday walks are now taking place at 1:30 in the afternoon. Organized by Sandy Hering, she is now suggesting that you text her at 508.340.9540 on Monday morning to let her know that you are coming so we can connect with you. New are the Tuesday morning walks. Barb Van Inwegen has taken this on and she will start the walks at 9:00 in the morning. Barb also asks that you text her to let her know if you will be walking with the group that week, at 508. 864.5213.

Both walking groups wear masks and keep distances. Groups have varied in size from 2 to 12 so we divide into small groups of 2 or 3 for safety and for the never-ending conversations that we are known for. We welcome all Woman's Club members of any walking speed to join us whenever you can.



*On March 22, members of the MWC enjoyed a walk at the Hurricane Barrier in New Bedford.*



# Secure Passwords

*Adapted from article posted by Navy Federal | February 3, 2021*

## Bottom Line Up Front

- Don't use the same password for all your accounts.
- Weak or unprotected passwords continue to be a top cause of security breaches.
- Use two-factor authentication for an extra layer of protection.
- Consider a password manager to help you maintain security



Scammer and hacker attacks continue to have damaging effects on consumers and businesses. One thing that's clear is that their getting

access to passwords is still a top cause of these security breaches. The good news is that having a strong password can be the first step in outsmarting the bad guys and minimizing your risk.

## Create Unique Usernames and Passwords

Most of us sign in to multiple websites—for both business and personal needs—which makes it challenging to remember the usernames and passwords for each one. While some people think a solution is to use the same one for all their accounts, that's unwise. It's important to have a different username and password for every account you have. Why? One reason is, if one is breached, all others are at risk.

## Check Your Passwords' Strength

Many websites will measure the strength of your password at the time you create it.

## Increase Your Current Passwords' Strength

If you determine your current passwords aren't strong enough, it's simple enough to change them.

## Some tips for increasing password strength include:

### Username

- Create a username between 6 and 32 characters
- Include at least one letter and one number
- Don't use part of your email address, Social Security Number, birthday, account or access numbers

### Password

- Create a password between 8 and 32 characters
- Include at least one number, at least one letter, at least one capital letter and at least one special character (e.g., %, &, #)



- Consider using a mnemonic sentence—the longer, the better (e.g., “My loving but crazy friend Kate has over 12 cats.” could become “MlbcfKho12c”). It looks random, but it’s easier to remember. Then, for added security, replace some letters with numbers and/or special characters (e.g., M1bcfKh012c!).

### **Don’t use these for your password:**

- Part of your email address
- Social Security Number
- Birthday
- Pet name
- Family names
- Account or access numbers
- Dictionary words (Lots of people still use “password.” It’s the easiest to hack.)

Keep in mind that longer usernames and passwords are far more difficult to crack.

### **Use Two-Factor Authentication**

More and more apps and sites offer two-factor authentication (2FA). It’s an extra layer of security that double-checks your identity before giving access to your account. Most often, 2FA will require a password plus another form of identification, such as a unique code sent by text.

### **Safeguard Your Passwords**

**Two final and very important points regarding strong passwords and security. Never Share Your Password or 2FA Code.** Believe it or not, some people do share their passwords, either on purpose or accidentally. In fact, a survey of IT and security managers conducted by Enterprise Management Associates (EMA) revealed that nearly a third of respondents said they experienced a breach because users shared credentials with an unauthorized person. Another 28 percent said they had a breach when users shared information in a phishing attack.

Be aware, fraudsters have begun trying to trick people into giving out 2FA codes by impersonating their financial institutions. Never give the code to someone who calls and asks you for it.

**Don’t Store Passwords on Electronic Devices.** If you store personal information on electronic devices, especially passwords and account sign-in details or financial data, you’ve increased your risk if your device is lost or stolen. That information can be used by anyone in possession of the device to gain access to your accounts. Instead of storing them on electronic devices, find a more secure way to save the information like writing them down and storing them in a lock box or using a password manager.

Password managers, like LastPass and 1Password, can help you keep track of your passwords, but there are pros and cons. For example, although you’d no longer need to remember multiple user names and passwords, you’d still need to remember the username and password to that site. Plus, if the site were to be breached by hackers, it would open all your accounts to them. Before you decide whether one would work for you, do a little research on their security and compare features, benefits and cost.

## Stop Scams. Learn the Signs.

Learning to spot a scam is the best way to prevent yourself from becoming a victim.

EVERSOURCE will never demand immediate payment to prevent shutoff, never require you to use prepaid debit cards, or ask you to pay through another retailer. If someone asks for your personal information to provide a refund or demands payment for a new meter – you can be sure it isn't us.

**Here are some different types of scammers that target Eversource customers, with more examples available on their website:**

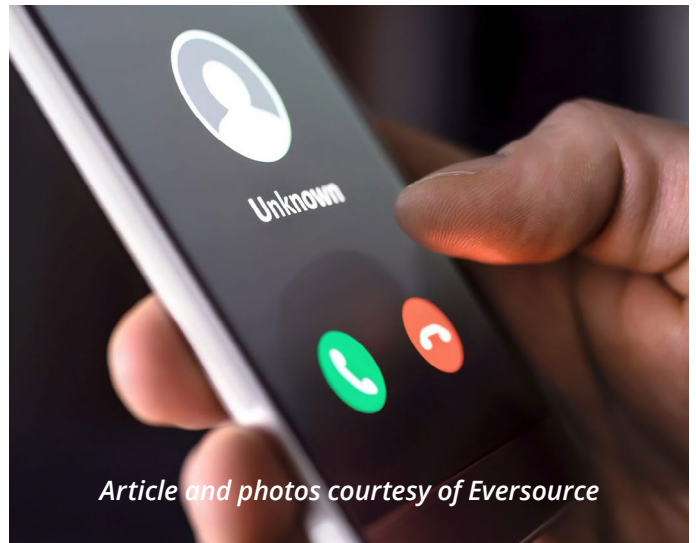
**Shut-Off Scammers** pose as utility employees and threaten to disconnect service unless you make an immediate payment through prepaid debit cards, gift cards, bitcoin or payment apps. They may even manipulate the caller ID to make it appear the call is coming from Eversource. You may hear from Eversource if you get behind on your bill, but it won't be to demand immediate payment in an unusual method. Instead, Eversource can connect you to programs to help you catch up.

**Overpayment Scammers** call claiming that you overpaid your utility bill then try to get your personal bank account or credit card information to give you a "refund." In reality, any accidental overpayment would be credited to your next Eversource bill or refunded via check.

**Phony Fee for Equipment or Repair Scammers** call demanding a separate payment to replace or install a device or meter.

**If you find yourself on the receiving end of any of these types of calls, hang up and call your local police department immediately.**

See more ways to protect yourself and hear a recording of a real scam call [CLICK HERE](#) to visit the Eversource website!



### [Watch this video from Utilities United Against Scams](#)



Modern scam artists are using sophisticated and intimidating tactics. Protect yourself by being vigilant, staying informed and guarding your personal information.

If something seems suspicious, call EVERSOURCE immediately toll-free at 800-592-2000 and report the incident to your local law enforcement.

## GROUPS SCHEDULES & INFORMATION

### Literature Group

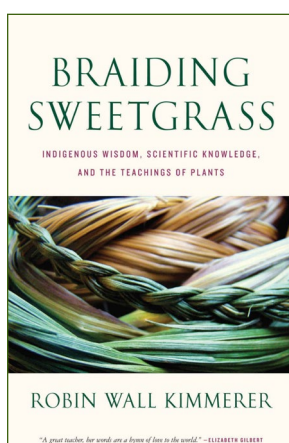
Wednesday, April 14, 10:00 am Zoom

The next meeting of the Literature Group will be on Wednesday, April 14 at 10 am via Zoom. Carole will send out the Zoom link before the meeting. If anyone new would like to join us, please let Carole or Peg know. We will be discussing "Braiding Sweetgrass" by Robin Wall Kimmerer. The discussion book for May will be "The Book of Longing" by Sue Monk Kidd. We are hoping that by the May meeting on May 12 the weather will be warm enough for us to meet in person outdoors! May will be our last meeting until September. New members are always welcome.



**Peg Olney**

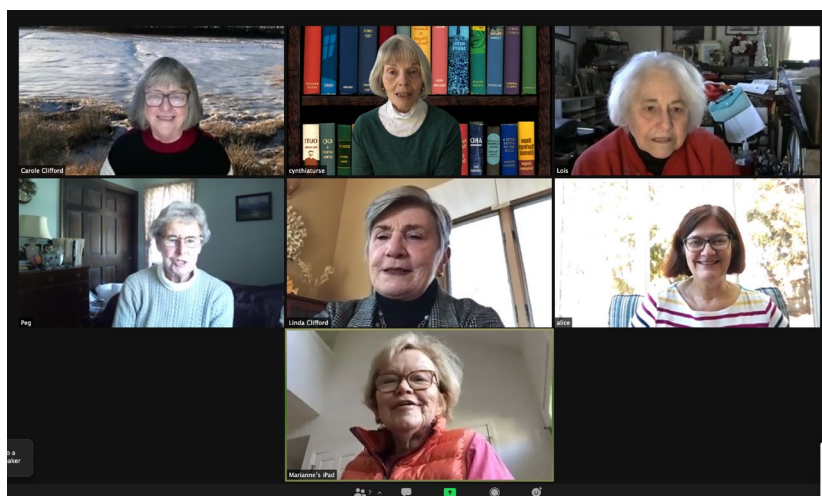
Literature Group Chair,  
Ladies Choice Editor  
1998 - 2018



*Drawing on her life as an indigenous scientist, and as a woman, Kimmerer shows how other living beings—asters and goldenrod, strawberries and squash, salamanders, algae, and sweetgrass—offer us gifts and lessons, even if we've forgotten how to hear their voices. In reflections that range from the creation of Turtle Island to the forces that threaten its flourishing today, she circles toward a central argument: that the awakening of ecological consciousness requires the acknowledgment and celebration of our reciprocal relationship with the rest of the living world. For only when we can hear the languages of other beings will we be capable of understanding the generosity of the earth, and learn to give our own gifts in return.*

## Literature Group Book Review

*The Literature Group met via Zoom on March 10 to discuss First: Sandra Day O'Connor by Evan Thomas. At nearly 500 pages, it is a well researched and thorough biography of the first female member of the Supreme Court from her childhood on an Arizona cattle ranch to her post-retirement life. Noting that she was born in 1930 and graduated from Stanford Law School in 1952, we agreed that her achievements were that much more extraordinary at a time when no law firm would hire a woman. We discussed how her upbringing, her personality, and her supportive husband as well as her ability, contributed to her success. Some of us found the volume of details about her judicial career and the machinations of state and federal politics more or less interesting and we differed on how we saw her judicial legacy. We realized how far women have come since O'Connor's appointment to the Supreme Court forty years ago.*

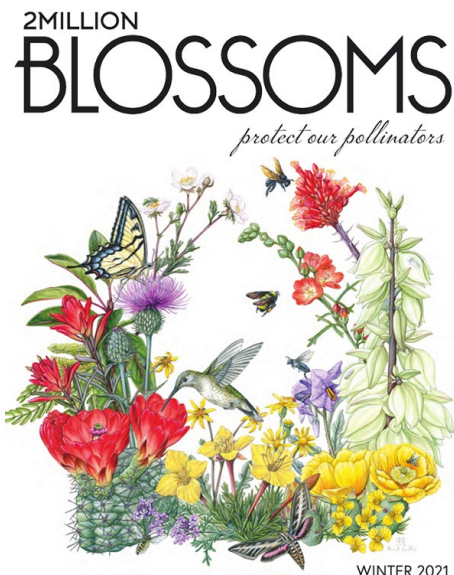


## GROUPS SCHEDULES & INFORMATION

### Garden Group

Wednesday, April 7th, 10:00 am Zoom

It's spring and the number of fine days to play in your garden are growing every week! To share our stories and find new ways to beautify our own yards and our town, please join us on Zoom on Wednesday, April 7th at 10:00 AM. The zoom meeting link will be sent out by Sandy Hering just before the date to all Garden Group members, and as always, let Sandy know if you wish to be



added to our group. This month we will be talking about Pollinators and discussing ways that we can make our own yards and the entire town of Mattapoissett more pollinator friendly. Each one of us adding just a couple of pollinator preferred plants to our yards in early summer, mid summer and late summer will make a difference. Why do pollinators need our help? Come to our meeting and find out. We will be discussing the organization "**Pollinator Pathways**", which you can check out at [www. pollinator-pathway.org](http://www.pollinator-pathway.org) ahead of the meeting if you wish.

Sandy Hering,  
Garden Group Co-Chair



**Sandy Hering**  
Garden Group  
Co-Chair

### Knitting, Crocheting, Needlepoint and More!

Thursday, April 22

2:00 pm - 4:00 pm Zoom

The Knitting Group will meet, via Zoom on April 22 from 2 to 4. If you are interested in attending, please email Marie Rottler at [mjrottler@comcast.net](mailto:mjrottler@comcast.net) so she can email you the Zoom link for the meeting.



**Marie Rottler**  
Knitting Chair, Website

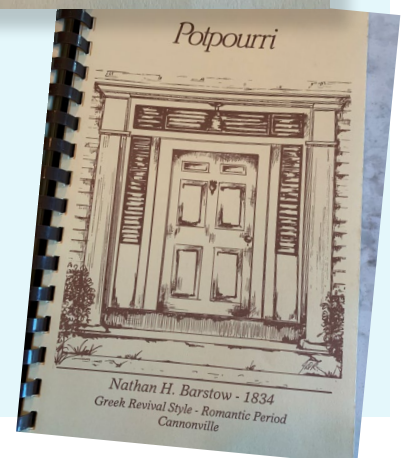
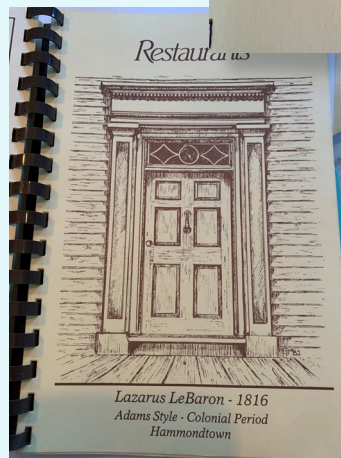
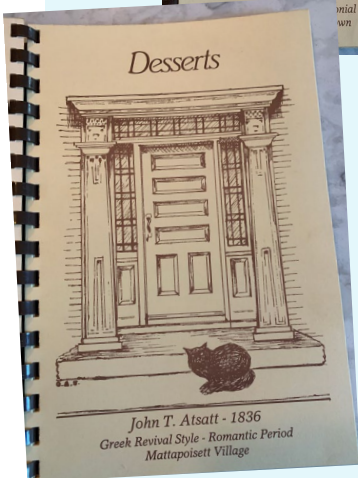
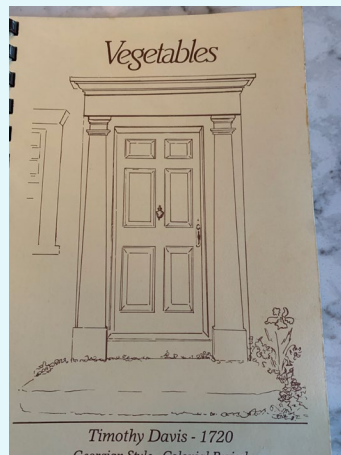
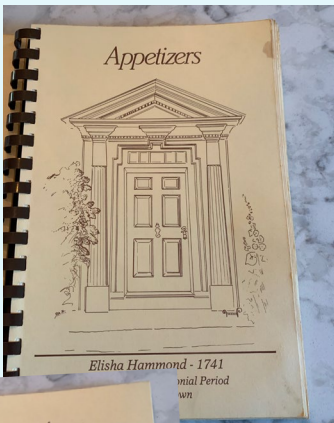
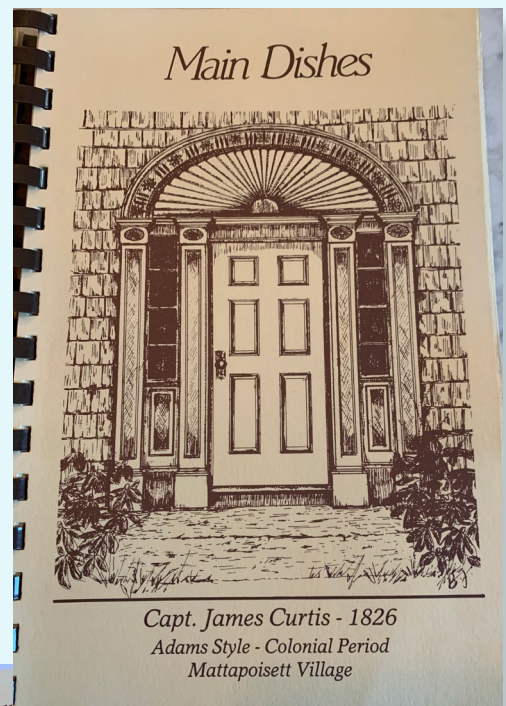
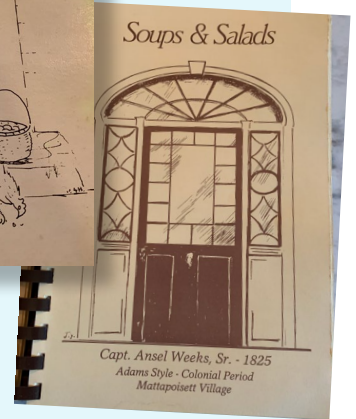
*Left: Samples of dish cloths that will be available at the Pop up Tag sale in May.*

*Right: A shawl that is called "Stuck in Traffic." The designer created the design using the topic of being stuck in traffic on the 405 going from Orange County to Los Angeles.*

# Did you know?



In 1985 and 1986, the Mattapoissett Woman's Club published their recipes in "Doorways to Dining" a 146 page cookbook to fund the scholarships. It was extremely popular and was featured in Yankee Magazine as the "Cookbook of the Month" Over 2,500 copies were sold locally, nationally and even internationally. The recipes are separated into sections from appetizers to potpourri. There is even a section devoted to restaurants such as Brad's, Branigan's, Cathy Temple, Joseph's Olde Tavern, Mattapoissett Chowder House, Mattapoissett Diner and the Mattapoissett Inn. Each section has a drawing of the historic doors in the village. They may be elegant, stately, or austere, but always beautiful. The drawings of the doors (featured here) were done by artistic members of the club and the cover was created by Priscila Hathaway. I wonder if you can locate those doors?



## Officers

### President

Carole Clifford

### Vice President

Linda Clifford

### Recording Secretary

Sherry Hoines

### Corresponding Secretary

Elaine Grant

### Treasurer

Suzanne Mitchell

### Assistant Treasurer

### Membership, Dues

Lois K. Ennis

### Board of Directors

2021 Kathy McAuliffe

2022 Judy Livolsi

2023 Roxanne Bungert

## Standing Committee Chair

### Publicity\*

Cindy Turse

### Photographer\*

Karen Gardner

### Website\*

Marie Rottler

### Facebook\*

Cindy Turse

### Ladies' Choice Editor

Debra Nettles

### Hospitality\*

Erin Burlinson

### Program Director\*

Eileen Marum

### Historian\*

Jan Hubley

### Garden Group\*

Karen Gardner

Sandy Hering

### Recruitment\* & Retention

Carole Clifford (temp)

## Special Committee Chair

### Great Decisions

Ellen Flynn

### Remembrances & Sunshine

Linda Clifford

### Scholarship Committee

2020/2021 Myra Hart

2021/2022 Linda Clifford

2022/2023 Roberta Oakley

### Audit Committee

2021 Anne Layton

2022 Tina Binette

2023 Cindy Turse

## Social Activities

### Bridge 1

Betty Parker

### Bridge 2

Jackie Slade

### Knitting

Marie Rottler

### Literature Group

Peg Olney

### Social Cocktail Group

Cindy Turse

### Welcome

### New Members

Marianne Hickey

Madeline Reid



*Pansies brighten up the front of the Mattapoissett Post Office!*

## PLEASE HELP! Donate to the Scholarship Fund today.

For over 75 years MWC has been helping young people pursue their educational goals by awarding scholarships to high school seniors from the community.

Please help keep this community tradition alive.

*Any amount is greatly appreciated.*

\$10    \$25    \$50    \$100    Other \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Mail this form with your check payable to MWC to:  
MWC Scholarship Committee, P.O. Box Box 1444, Mattapoissett, MA 02739