



LADIES CHOICE

The Mattapoissett Woman's Club Newsletter


www.MattapoissettWomansClub.org

February 2021
VOLUME LIX No. 6

PRESIDENT'S LETTER

Dear Club Members,

These pictures make this a perfect place for me to introduce you to the wonderful members of the Retention/Recruitment Committee: Christine Voss, Marianne Hickey, Linda Clifford, Mary O'Keefe (and myself). Last spring when COVID changed our world, I asked for volunteers to help me make sure we keep our membership engaged and to continue to attract new members.

We first met in Christine Voss's backyard and discussed future goals we wanted to achieve. First, we agreed that Ladies Choice must continue, that Executive Board members would continue to meet on Zoom, that Facebook would continue its presence, that the website use would increase, groups such as Knitting and Garden would continue to meet on Zoom if necessary, and that whole member meetings would be held when possible during the warm months at the Ned's Point lighthouse. We also discussed passing out the Bluebooks in person at the lighthouse with cookies and a teabag. 

Marianne Hickey and I visited with the Marion Woman's Club to talk and share about the difficulties COVID had brought in regards to membership and fundraising. We shared with them our Ladies Choice and they shared their membership application.

As the weather got colder and outdoor meetings were not practical, we decided to deliver Christmas cards in person to as many of our members as possible. Then in January we decided to wish everyone good fortune in person with a fortune cookie and tea bag. These visits were fun and rewarding. It was great for us to see a lot of our members and enjoy their surprise.

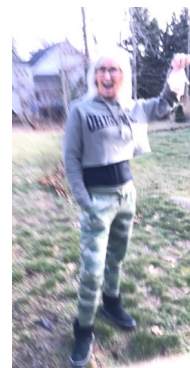
We will continue to reach out in whatever way we can to touch every member until we can actually meet together. Several ideas on new membership also are in progress as this is being written.

So let me express my gratitude to this Committee, for all they have done and will continue to do. They are my good fortune!

Carole Clifford
President, MWC



Carole Clifford
President, MWC



Mattapoisett Woman's Club Executive Board Meeting: January 14, 2021

Recording Secretary Report

The Executive Board meets on the Second Thursday of the month to discuss fund raising events, various projects we are working on and ideas to retain as well as increase membership. As this is a very unusual year due to the pandemic and we are unable to get together as a group on a regular basis, we've decided to publish a summarized version of our meeting in "Ladies Choice" as a means of keeping the members up to date with what's going on in the club.

Cards & Postcards: The Notecard and Postcard Sale has been very successful and the team is discussing creating some new cards for spring with photos of flowers. The Board felt that this was a great idea especially if we're able to have a garden tour this year as that would be a great place to sell them.

Solicitations from Members and the Community: The Board is looking into putting a link to our PayPal account on our website so people could very easily contribute to our Scholarship fund. The Scholarship applications are now on our website.

80th Anniversary Celebration: This year marks our 80th Anniversary and the Board wants to create a committee to come up with ideas on how best to celebrate this very special occasion. Please let us know if you are interested.

VP, Treasurer Positions: The Board is very concerned that we still do not have VP and Treasurer candidates. For the viability of this Club, we need to work more on getting someone to fill the VP and Treasurer positions. We are looking to step up our publicity efforts on our website, in "Ladies Choice" and in other publications as well such as the Wanderer. The Board has received suggestions about changing the service commitment from 2 years to 1 as a way of incenting members to volunteer. We've also had suggestions regarding sharing the positions among a couple of people and if anyone is interested in serving as VP or Treasurer under these conditions, please let us know as we'd be happy to work with you.

Pathways to Planting: The Board is looking into conducting this initiative again this year as it advertises local garden shops which helps to boost their sales and helps the members with their spring planting.

Spring Activites: We put our heads together during the Board meeting to come up with ways to keep the membership active and let them know we care. Last year's quiz where we asked folks to get out and identify where the daffodils were planted was very engaging and successful so we're thinking about another fun quiz in the spring. We might do something around having members identify historical landmarks in town or identify things around town that the Woman's Club has donated.

Jan Hubley

Recording Secretary

Please note: Our next Executive Board Meeting is February 11th at 10:00am

Mattapoisett Woman's Club Executive Board Meeting: January 14, 2021

Corresponding Secretary Report

Thank you letters were sent to Roxanne Bungert and Cindy Turse for their generous donations to our Scholarship Fund.

A thank you letter was sent to Jim Stevens of Gifts to Give for his generous support in providing Christmas decorations and trimming for our Garden Group's use in the December Pop-Up Wreath Sale. We enclosed a \$100 donation for his endeavors.

We received a request for support from Child & Family Services.

New Director, Jennifer Jones, of the Mattapoisett Free Public Library sent us a thank you for our donation in memory of Club member and Past President (1971-72) Lois Fountain.

We received \$78 in payment for note cards and postcards sold.

We also received payments from 14 participants in the Great Decisions program.

Respectfully Submitted,

Elaine Grant

Corresponding Secretary

Great News! Mattapoisett Woman's Club will have a meeting on February 18, 2021

We are happy to announce that we have a Woman's Club Meeting this month! Of course it will be on Zoom, and we are going to start at an earlier time, at 10:00 AM as lunch will not be served. We have a very interesting speaker this month, Mr. Neil Rhein, of 'Keep Massachusetts Beautiful.' Neil's talk, "Talking Trash and Recycling," will answer many of our questions, such as: Where does our trash go? Are we recycling items that can be recycled or are we wish-cycling? Can all items with recycle triangles on them be recycled? Can black plastic containers with the recycling triangle be recycled? How often have you gone for a walk and noticed trash lying along the path? Along Rte. 6? In your neighborhood? Do you stop

and pick it up? Want a safe way to pick up litter? Please join us for this 45 minute program, followed by any of your questions that you may have. The link to the program will be sent out to all members by Carole or Lois, a few days before the 18th. Anyone who has difficulty with Zoom, preferably in advance of the program should contact Sandy Hering at **508 340-9540**.



Mr. Neil Rhein

MWC News & Information



Do You Need Help Booking a COVID-19 Vaccine?

Now that Massachusetts has opened Phase 2 of vaccinations to those over 75, or those over 65 with 1 or more comorbidities, many are finding the web site difficult. The Governor will have a phone number set up by February 1st to assist those who need help. However, if these options do not work for you and you qualify for Phase 2, one of our members has volunteered to attempt to assist you. Sandy Hering can be reached at 508 340-9540 or hering.sandra@gmail.com if you are interested. You will need to send her a digital picture of your health insurance cards, and all the other steps can be accomplished over the phone. Of course it will depend on the availability of appointments, and Sandy will work with you remotely, on the phone.

Member to Member

We care about how everyone is doing in this difficult time, so the Executive Board is asking that each group (Garden, Knitting, Literature, Bridge) check on their members and see if anyone needs assistance. Even if people don't, a phone call is always welcome.

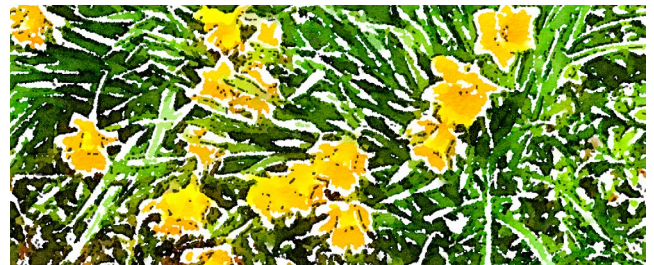
Thanks for caring to do this!
Executive Board

Valentine's Bingo

What a fun time we had playing bingo at Christmas. Now it's time to do it again. We'll play more than one game and there are prizes. Of course, if anyone has items they'd like to donate as prizes for these games, please let Cindy or Carole know. We might even have to have a St. Patrick's Day Bingo party if there are too many donations.



The Valentine's Bingo card and word list will be sent to your email address. [RSVP to Carole Clifford for a Zoom link.](#) The party is scheduled for February 9th at 1:00PM.



Show Us Your Daffodils

If you were one of the fortunate folks to score King Alfred Daffodil bulbs during the first-ever Mattapoisett Woman's Club bulb sale, please send us photos of your spring blooms. It seems that sprouts have begun to poke up in some gardens already. Will we have an early, dazzling show? We can't wait to see more of Mattapoisett turning "gold".

Photos should be sent to - info@mattapoisettwomensclub.org for our inclusion on our website and in Ladies Choice. Also, please send them to Cindy Turse for our Facebook group - mahina@turse.org

MWC News & Information

Greetings, MWC members:

I am reaching out to all of you on behalf of GiftsToGive, Jim Stevens. A quick update, GTG Charity closed in March 2020 due to the Corona Virus. Under Governor Baker's guidance the GTG Thrift Store & the Charity reopened in October. Jim put in place a strict CVirus protocol to keep the small number of UBER volunteers, who agreed to resume volunteering, safe whilst in the building. Mary O'Keefe and myself returned to GTG in October.



Even though the Corona Virus still has a major impact on our daily lives, it also had a dramatic & desperate impact on the lives of children and families living in poverty along the SE Coast. Their needs did not vanish, infact it got worse & GTG has stepped up to help.

Right now Jim does not allow any group (adult or student) volunteers to come into the building. Keeping the volunteer numbers low, it ensures a safer controlled environment with social distancing, mandatory masks & sanitizing stations the norm. And for that reason we are only looking for 4-5 additional volunteers. Although it has been a "drop-in practise" in the past, right now we need to know in advance your schedule to make sure we keep the numbers low & the volunteers safe. If you turn up unannounced you will find the outside doors locked.

Volunteer Opportunity - High Priority

Right now GTG doesn't have enough volunteers to process the new and used children's clothing that has been donated. Can you volunteer a few hrs one morning or one afternoon one day a week to sort and process children's clothing?

Volunteer Opportunity

The GTG Thrift Store Home Goods section is expanding so I am looking for a couple of people to join me on my team. We process incoming home goods donations, wash items when necessary and stack them on the shelves. If you have a creative flare your talent could help us display the items in the store. Can you volunteer a few hrs one morning or one afternoon one day a week?

Volunteer Opportunity

GTG gets alot of jewelry donated both dress jewelry and valuable jewelry. It needs to be sorted and displayed in the jewelry glass cabinets. Can you volunteer a few hrs one morning or one afternoon one day a week? You should be confident in identifying dress vs silver/gold pieces.

If you have any questions about the Thrift Store or jewelry opportunity, please don't hesitate to call/text me **508 717 9454**. Mary has also been kind enough to field any questions about processing children's clothing **508 758 2801**. I hope several of you will join us even if it is just thru to the Spring.

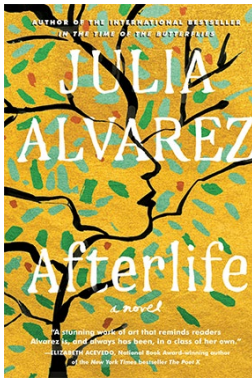
~ Christine Voss

GROUPS SCHEDULES & INFORMATION

Literature Group

Wednesday, February 10, 10:00 am Zoom

The February meeting of the Literature Group will be at 10 am on Wednesday, February 10 via Zoom. Carole will be sending out the Zoom link before the meeting. Our book for discussion is "Afterlife" by Julia Alvarez. We always welcome new members so if you would like to join the Zoom meeting, please let Carole or Peg know. The discussion books for the next three months are listed below. Hope to see everyone there.



Antonia Vega, the immigrant writer at the center of Afterlife, has had the rug pulled out from under her. She has just retired from the college where she taught English when her beloved husband, Sam, suddenly dies. And then more jolts: her bighearted but unstable sister disappears, and Antonia returns home one evening to find a pregnant, undocumented teenager on her doorstep. Antonia has always sought direction in the literature she loves—lines from her favorite authors play in her head like a soundtrack—but now she finds that the world demands more of her than words.

Afterlife is a compact, nimble, and sharply droll novel. Set in this political moment of tribalism and distrust, it asks: What do we owe those in crisis in our families, including—maybe especially—members of our human family? How do we live in a broken world without losing faith in one another or ourselves? And how do we stay true to those glorious souls we have lost?



Peg Olney

Literature Group Chair,
Ladies Choice Editor
1998 - 2018

LITERATURE GROUP BOOK SCHEDULE 2020 - 2021

March	"First: Sandra Day O'Connor" by Evan Thomas
April:	"Braiding Sweetgrass" by Robin Wall Kimmerer
May	"The Book of Longing" by Sue Monk Kidd

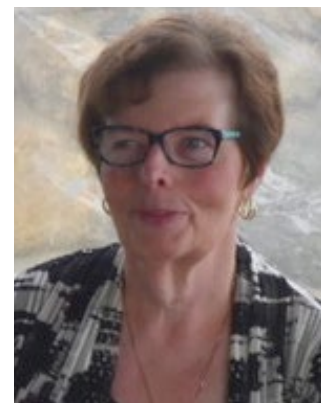
Knitting, Crocheting, Needlepoint and More!

Thursday, February 25, 2:00 pm - 4:00 pm Zoom



Marie will be sending out the zoom sign on information to those currently in that group. Anyone wishing to join please send Marie an email at mjrottler@comcast.net to receive the log on email

Attached is the picture of a fashion statement made at the Inauguration. It is a free pattern on ravelry and might be a quick item to use up small bits of yarn in our yarn stash. I can share the pattern.



Marie Rottler

Knitting Chair, Website

GROUPS SCHEDULES & INFORMATION

Garden Group

Wednesday, February 3rd, 10:00 am Zoom

The Garden Group will meet via Zoom on February 3rd at 10:00 AM. The Zoom link will be emailed to all Garden Group members just days before the meeting. All Garden Group members are encouraged to bring a quote, short story, or poem about Valentines Day to share with the group.

Also at the meeting, Sandy Hering will be giving a presentation to the group, "Gardening Lessons Learned since I left College". It will cover some of the ideas that she tries to incorporate into her gardens at 10 Mechanic Street and the reasons that these practices are better for her and her family, as well as the planet. Any members that are not part of the Garden Group who wish to attend please contact Sandy and she will send you the link.

At our last meeting in January, the group decided to designate a charity to donate to if members wished, as we are not collecting dues this year. It is a pleasure to let you know that our group donated \$275 to Turning Point in Wareham to provide sleeping bags to the homeless who usually rely on Turning Point for meals, as meals have been discontinued during COVID. Thanks to all who made a donation of any amount.

Sandy Hering, *Garden Group Co-Chair*



Sandy Hering
*Garden Group
Co-Chair*

Garden supplies

Find a list of seed and garden supply sources on **page 14** of this issue, complete with links to the website of each source!



7 Habits That Are Scientifically Proven to Help You Beat Procrastination and Tackle Your To-Do List

No one is particularly proud to admit that they have a habit of putting off tasks that need to get done, but it's human nature. You know how it goes: You're sitting on the couch, thinking about cleaning the kitchen, finishing that work project, or organizing your closet, when suddenly you realize you've been scrolling through your phone for an hour and haven't gotten anything done. Procrastination happens!



According to Psychology Today, people procrastinate for a variety of reasons, from anxiety to perfectionism to thinking in the moment, not of the future. Scientists and psychologists have studied procrastination for decades and have found certain methods to be quite effective in helping chronic procrastinators get things done, so if you're tired of putting things off until the last minute or waiting weeks to check off a to-do that will take all of 15 minutes, these scientifically proven methods will help you be more productive and make procrastination a thing of the past.

Play some motivating music

Just like an uptempo club jam can help power you through the last mile of a run, turning up the tunes can help motivate you to get stuff done. Music has been shown to help relieve anxiety, boost creativity, and support learning, so when you're feeling stuck, cue up your high-energy favorites—or find a “focus”-centric playlist on Spotify—and let the rhythm take you away to a more productive place.

Work when you feel most productive

Our brains and bodies aren't made to be productive 24/7, so when you're really not feeling it, don't force yourself into completing a task. If you tend to get more done in the morning, optimize for that. If you're a night owl, save the must-dos for after the sun goes down if you can. While some research has shown our brains are most productive from 8 a.m. to 2 p.m., others have shown marked differences in productivity levels for morning people versus night owls. Figure out the time of day that resonates best with you and schedule your tasks around that.

Set clear goals

You're more likely to get things done when you have a concrete goal in mind, whether that's “pay the credit card bill” or “clean out the pantry.” Give yourself firm parameters and set expectations of what you want to get done, even if it's something simple like “wash the dishes.” Don't overwhelm yourself with options; stick to a few things you know you can feasibly do in a day.

Remember the “why”

Yes, it seems wildly overwhelming to think of completing that multi-team work project or tackling that

overflowing hall closet, but a 2018 study confirmed it's easier to put the task at hand in perspective when you break it down and center your motivation on future benefits.

Instead of worrying about the many touch points that must be done before you can send that presentation to your boss, think about how excited they'll be to see your hard work and how that can positively affect your career. Don't think about confronting your past fashion and interior decor styles of yore—think about how pleased you'll be to open a clean, organized closet every day, and how much easier it will be to find the things you need.

Take a break

Think about pulling an all-nighter cramming for an important exam. How much of that information did you actually retain? Studies have shown there are major benefits to taking a break, including increased focus ability and better memory. It's tempting to try and finish a project in record time, but it may be worth your while to step away and come back with a refreshed point of view.

Need even more reason to stretch your legs?

The Zeigarnik effect, which was identified in the 1920s, showed that our brains may remember interrupted tasks better than those that have been completed.

Embrace the “five-minute rule”

You can do almost anything for five minutes—including making progress on something you've been putting off. Set a timer and do what needs to be done for just five minutes. If you're over it by the time the timer buzzes, great! You can stop. However, if you're still feeling motivated after the five minutes are up, keep going.

The Five-Minute Rule has been used in cognitive behavioral therapy as an easy, actionable way to accomplish tasks. It also works for everything from answering emails to cleaning the bathroom, so put it into practice and you'll be amazed at what you can accomplish in such a short time!

Reward yourself (within reason)

The human brain is wired to respond to treats and bribes, so if you truly can't get something done without incentive, don't be afraid to channel your inner child and reward yourself with a little treat, whether that's a purchase, a snack, or a walk around the block. When you do something nice for yourself, your brain releases the neurotransmitter dopamine, which makes you feel good and gives you motivation to replicate the feeling. Be careful, though: Since dopamine is also associated with addiction, try to use the reward system only as incentive to start new productivity habits.

Original article link:

<https://www.apartmenttherapy.com/habits-to-stop-procrastination-36859995>

by KARA NESVIG Published January 1, 2021

tomorrow

(noun)

a mystical land where 99% of all human productivity, motivation and achievement is stored

Where did all the cold come from?

Up until this past weekend, I have been thinking that the winter during Covid has not been so bad, at least in the weather department. In fact, I even saw violets in one of my raised beds (very strange).

However, this past weekend brought back more normally cold temperatures. The ones that we New Englanders are used to having in January and February. Up until now we were actually enjoying our daily walks, which could be described as brisk, but not super cold. How do we maintain our positive focus over the next couple of months which could have the harshest weather of the year? As I usually do when I want to be focused, I started a list. But what to put on it?

We have completed many of the things that needed updating, painting or decluttering around our home. There were not as many opportunities to do anything else. Before Covid, when it came to home projects we were always able to find something that was much more fun to do. We could stay home and do some necessary project, or we could go and enjoy exploring something new. (Of course we usually did the thing that was more fun.) I began to actually think about starting to organize the storage space under the house. But that is my husband's domain, and I didn't think he would appreciate my effort.

So I have decided to create a list with two topics.

The first topic is to celebrate the positive things that have happened during the time between last March to the end of January. When I did that I found lots of things that could be on that list. Knitting at Neds Point with friends before it was cold. Daily walks with my husband, increasing in distance and speed with fun conversations about lots of things. Zoom meetings with family and friends from California, Florida, Tennessee, and New England are just a few of those I was happy to add to the list.

The second topic has been started, but I know that it will grow as the time passes. These are future times that include in person visits and interactions. First on the list is that I will get my vaccination as soon as I am able, which will be the starting point to getting back to the new normal. To get ready for that, we are planning a trip to Hawaii with another couple to celebrate our 50th wedding anniversary. But most important are the small times and actions - hugging a grandchild, knitting in person with friends, luncheon gatherings with members of the Womans Club, shelving books in the library.

So I encourage you all to think about the things that you have experienced during covid that were positive and the wonderful things to come. I know that there are better days for all of us. We are stronger for having been through this year. When we finally connect in person, we can share our lists. I think we will find a connection in the items they contain.

~ Marie Rottler

[Join our FACEBOOK Group to keep informed of all MWC news & events!](#)



Did You Know?

The town beautification work began in the 1970's with the start of the Garden Group. They began that work with plantings at The Triangle, the Post Office and the Town Hall. This work has continued over 50 years with plantings at the Historical Society, the Wharf, the Library, and Beach House Window Boxes. A Dogwood Tree was planted at the "new" Police Station on Route 6 to honor Eleanor Ross a former Mattapoissett and State Federation President. Recently there has been planted a Butterfly Garden at Center School in memory of Suzanne Sylvester and a tree at the Town Hall, a Stewartia, in honor of the club's 75 anniversary. Then, of course, daffodils planted all over the town make our springtime glorious. Continuing this mission of civic engagement there is a semi-annual Garden Club Tour featuring private gardens all over the town. This Woman's Club can point with pride at all these accomplishments.

Top to bottom (left to right): The Triangle on Rt. 6, Mattapoissett Post Office flower boxes, Lighthouse garden at the Town Wharf, planters outside of Mattapoissett Public Library, tree planting at Mattapoissett Town Hall, Butterfly Garden at Center School in memory of teacher and club member, Suzanne Sylvester.



MWC Member Celebrations, Milestones, Birthdays & More!



This year my son Leo and I have set a goal to mail at least one card or letter per day. I've always had an interest in the USPS, stamps, stationery and sending cards. My son loves raising the flag on the box and waving to our mail lady each day. Leo knows the only way he can raise the flag is if he has a letter to put inside the box. He carries the envelopes out to the mailbox in his little USPS letter carrier bag. Each day when he wakes up from his nap we sit and prepare the next day's letter together. With so many people staying home and feeling the effects of isolation, we thought it would be fun to surprise people with a card. It's also fun for us as it provides daily structure, creativity, and gets us outdoors. Sending cards teaches my son the lesson of giving or doing something for others without the expectation of receiving something in return. So please be on the lookout for a card from us sometime this year!

~ *Bethany Couto*

So nice of the Women's Club to stop at member's homes and leave beautiful gift bags! It brightened my day and put a smile on my face! Thank you!

~ *Dottie Schwarz*



I can't wait for a time when there will be field trips with the Garden Group again. Maybe we can manage the two road trips to Cape Cod.

My family and I were able to visit the **Heritage Museums & Gardens in Sandwich, MA** in September 2020 and I'm looking forward to a return visit in 2021 – maybe with the Garden Group or other MWC friends.

www.heritagemuseumsandgardens.org

Another place that intrigues me is **Highfield Hall & Gardens in Falmouth**. I am especially intrigued by the stickwork sculptures of Patrick Dougherty and the exhibit is expected to end sometime this year.

www.highfieldhallandgardens.org

Stickwork by Patrick Dougherty

www.highfieldhallandgardens.org

In Spring 2020 members of the Garden Group were eagerly anticipating a day-long field trip to Northampton, MA for the Spring Bulb Show at Smith College. It was cancelled by Covid. While we likely won't be able to attend in 2021, I'm looking forward to a re-set for spring 2022.

www.garden.smith.edu/plants/lyman-conservatory/seasonal-shows/spring-bulb-show

~ *Cindy Turse*

Help Needed Desperately!

We desperately continue to need a Vice President, Treasurer and Publicity Chair. These are offices that have to be filled in order for this Club to continue. Traditionally the terms have been for two years but nothing prevents them for being less. One year terms may be more manageable and easier to consider.

PLEASE someone consider to be the **Vice President**.

PLEASE then consider being the **President**..... maybe consider these two positions as Co- Vice President and Co-President.

PLEASE consider shadowing the **Treasurer** so she can retire from that office.

PLEASE consider being the **Publicity Chair** so all our hard work can be appreciated by the community.

These officers are necessary for the future of the Club. No one wants the educational, philanthropic civic and social traditions of the Mattapoissett Woman's Club for 80 years to end.

Officers

President

Carole Clifford

Vice President

Open

Recording Secretary

Sherry Hoines

Corresponding Secretary

Elaine Grant

Treasurer

Suzan Mitchell

Assistant Treasurer

Lois K. Ennis

Membership, Dues

Lois K. Ennis

Board of Directors

2021 Kathy McAuliffe

2022 Judy Livolsi

2023 Roxanne Bungert

Audit Committee

2021 Anne Layton

2022 Tina Binette

2023 Cindy Turse

Standing Committee Chairman

Publicity

Open

Photographer

Karen Gardner

Media

Cindy Turse

Website

Marie Rottler

Ladies' Choice Editor

Debra Nettles

Hospitality

Erin Burlinson

Program Director

Eileen Marum

Remembrances

Linda Clifford

Devotions

Carole Clifford

Historian

Jan Hubley

Conservation & Community Service

Garden Group

Karen Gardner

Sandy Hering

Great Decisions

Ellen Flynn

Scholarship Committee

2020/2021 Myra Hart

2021/2022 Linda Clifford

2022/2023 Roberta Oakley

Fundraising

Suzanne Mitchell

Cindy Turse

Mary O'Keefe

Marianne Hickey

Elaine Grant

Lois Ennis

Sandy Hering

Carole Clifford

Card Committee

Roxanne Bungert

Karen Gardner

Marianne Hickey

Mary O'Keefe

Recruitment & Retention

Christine Voss

Linda Clifford

Marianne Hickey

Mary O'Keefe

Carole Clifford

Social Activities Chairpersons

Bridge 1

Betty Parker

Bridge 2

Jackie Slade

Knitting

Marie Rottler

Literature Group

Peg Olney

Social Cocktail Group

Cindy Turse

Welcome

New Members

Judy Livolsi

Madeline Reid

Seed and Plant Resources

Garden catalogs

- Burpee's - <https://www.burpee.com/>
Johnny's Selected Seeds - <https://www.johnnyseeds.com/>
Kitchen Garden Seeds (John Scheepers)
<https://www.kitchengardenseeds.com/seed-index/herbs.html>
Garden Trends - <https://www.gardentrends.com/>
Territorial Seed - <https://territorialseed.com>
Totally Tomatoes - <https://www.totallytomato.com/>
Baker Creek Heirloom - <https://www.rareseeds.com/>

Select Seeds: some hard to find varieties

- Pinetree Seeds - <https://www.superseeds.com/>
Turtle Tree Seeds- <https://turtletreeseed.org/>
High Mowing Organic Seeds - <https://www.highmowingseeds.com/>

Local Garden Centers

- Lawrence Family Greenhouses (New Bedford) –
<https://www.facebook.com/Lawrence-Family-Greenhouses-162634233760731/>
Klein Greenhouse at Building 19 (New Bedford) <https://www.kleingreenhouse.com/>
Williams Trading Post (Middleboro) - <http://www.williamstradingpost.com/>
Nessralla Farm & Greenhouses (Wareham) - <https://www.nessrallafarmwareham.com/>
Great Scapes Nursery (Mattapoisett) - <http://greatscapesnursery.com/>
Roxann's Garden Center (Fairhaven) - <https://www.facebook.com/RoxannsGarden/>
Kenny's, (Fairhaven) - <https://www.facebook.com/kennysgardencenter/>
Crystal Lake Garden Shop, (Carver) - <https://crystallakegardenshop.com>

Bigger Nurseries

- Spillane's Nursery (Middleboro) - <https://www.spillanesnursery.com/>
Brigg's (N. Attleboro) <http://www.briggsgarden.com/>
Tranquil Lake Nursery (Rehoboth) - <http://www.tranquil-lake.com/>

Perennials, Shrubs, Trees

- Sylvan Nursery (Westport) - <http://sylvannurseries.com/>
Cape Cod Wholesale Nursery (Falmouth) -
<https://www.facebook.com/Cape-Cod-Wholesale-Nursery-121869087870102/>