



LADIES CHOICE

The Mattapoissett Woman's Club Newsletter

www.MattapoissettWomansClub.org

October 2020
VOLUME LIX No. 2



Woman's Club Walks

Many of our members have enjoyed our "Woman's Club Walks" on Monday mornings. We pick a different location each week, as suggested by our participants. With the cooler weather and less early morning sunlight we are walking at 9 AM, and walks typically are 1 hour to 1 1/2 hours long. No need to RSVP, simply arrive at the designated starting point at 9 AM.

Pictured here is our group in Fairhaven, overlooking Nasketucket Bay: Sue Mitchell, Dottie Schwartz, Barb Van Inwegen, Peg Olney, Marianne Hickey, Erin Burlinson, Alice Openshaw and Christine Voss. Photo by Sandy Hering

Note card fundraiser update

A small and diligent committee is making progress for our next fundraiser. They are creating watercolor notecards and postcards from photos submitted by members. Currently, they are selecting the designs to be reproduced. Once these lovely correspondence pieces are packaged they'll be available for purchase. The cards should be available for purchase before the end of October.



Be a part of the MWC Daffodil Planting Project!

Daffodil Bulb SALE

25 bulbs for \$10

Local drop off or curbside pick up can be arranged.

Please contact Marianne Hickey or through our website at info@mattapoissettwomansclub.org

Our daffodil sale has been a success! We ordered 1500 yellow King Alfred bulbs and sold out as of Sept 19. Barb Van Inwegen has ordered another 1000 bulbs and we have extended our sale through October.

Thank you to all who have purchased, bagged, bundled, promoted, and delivered the bulbs. Mattapoissett yards will be blooming yellow in the spring!

We will continue selling bulbs at \$10 for a bag of 25. If you would like to order some, please contact **Marianne Hickey** at mar_hic@msn.com or through our website at info@mattapoissettwomansclub.org.

Join our FACEBOOK Group to keep informed of all MWC news & events!



PRESIDENT'S LETTER

Dear Club Members,

ZOOM! ZOOM! ZOOM!

The Mattapoisett Woman's Club has been zooming on line and zooming all around Mattapoisett. The Executive Board zooms monthly along with the Book Club, the Garden Club, the Fundraising group, the Retention and Recruitment group, the Social Cocktail Group and very soon the Knitting Club. I also believe a card group will be starting soon. The Garden Group has been zooming around the plantings in town watering, weeding, and preparing for fall plantings. Also zooming around, is the newly formed Walking Club as they transverse the land in Mattapoisett and beyond. Ladies are having a good time and enjoying the exercise.

Many of us, just recently, zoomed down to the lighthouse for a lunch and fellowship with each other, Hope you saw our picture in the Wanderer. I hope to do this again soon weather permitting.

Our focus, in the absence of monthly meetings and speakers, is to keep everyone involved and in touch. Anyone with ideas of how to do this please share with me.

Another focus this year, with the loss of our fundraising Garden Tour and Taste, is to raise money for scholarship and donations in new ways. The first activity was our "Taste without the Tent" I hope you have all participated and I know I certainly have enjoyed all the eateries and the great food..... adding to my poundage but so enjoyable. We are now on our second order of daffodils bulbs to sell under the guidance of Marianne Hickey. The future includes a sale of cards with our own photos of gardens or Mattapoisett scenes under the guidance of Cindy Turse and then Christmas Sale of wreaths and other decorations under the guidance of the Garden Club. We are depending on everyone's support for these activities.

Now a brief look at other going ons:

- Donations from Jim Stevens from Gifts to Give for our Christmas decorations have been gathered thanks to Mary O'Keefe and Jim's generosity. He is such a supporter of our club.
- We still have 100 year bags to sell.. they make great gifts.
- Judy Livolsi is heading up a group to determine what to do best with the donation of Priscella Hathaway's paintings from her husband Brad. Watch for the celebration of Brad's walk around the world.
- The Club will purchase a book to give our library in honor of Mrs. Clarence Fountain a Past President (1971) of our club. According to her obituary, she loved gardens so that will be the theme of the selection.
- I am in touch with both the presidents of the Sippican and Rochester Woman's clubs. I am hoping for some joint ventures in the future.



PRESIDENT'S LETTER

- I have been in contact with the new Mattapoisett librarian and we had a lovely conversation about our dual interests. I wanted her to know that it is our Garden Group who make the library grounds so beautiful.
- There have been beginning conversations with Isabelles and Belles for a future fashion show.
- Linda Clifford is in the “thinking” stage of working with a small committee to create a booklet advertising who we are in the hopes of recruiting new members.
- I have been attempting to coordinate the blue book with our website and the bylaws. Still a work in progress. Blue books will be delivered in the near future.

Still looking forward to the time we can gather and sip tea... in the meantime stay well.

Carole Clifford
President, MWC

HONORARY LIFETIME MEMBERSHIP AWARD

The Executive Board is delighted to announce this award to Lois Ennis, Assistant Treasurer, Past President, and longtime member who is the workhorse behind our members' annual Blue Book, Taste of the Town, Harbor Days set up, and general go-to person for information about the Club. Many thanks, Lois, for all you've done, and your continued willingness to step up to the plate.

MEMBER TO MEMBER

We care about how everyone is doing in this difficult time, so the Executive Board is asking that each group (Garden, Knitting, Literature, Bridge) check on their members and see if anyone needs assistance. Even if people don't, a phone call is always welcome.

Thanks for caring to do this!
Executive Board

Facebook Fundraisers – Part II

The Facebook Birthday Fundraiser idea for the club is on hold. When Carole, our fearless leader, tried to create a birthday fundraiser for the MWC Scholarship Fund she found that we aren't recognized as a nonprofit on Facebook. If you were planning to create a birthday fundraiser to benefit the scholarship fund, please don't frustrate yourself. Cindy Turse is researching how MWC can qualify so that members can do this in the future.





MWC is looking to fill these vacancies.

Interested? Please contact [Carole Clifford](#)

Flu Shot

Now is the time to get your shot before flu season begins. Reminders to get a flu shot have bombarded most of us, and it was a topic of discussion at our Ned's Point gathering. Antibodies develop about two weeks after getting the shot and provide protection for approximately six months. The CDC recommends that people get a flu vaccine by the end of October.



If you are a member of Southcoast Health, you can get the flu shot by scheduling an appointment with your primary care provider. Flu shots have also been available at Walgreen's, CVS, and the Stop & Shop Pharmacy.

Movie Screening: Uncover the Truth About OCD

Tuesday, October 13, 2020

6:00pm - 7:30pm

Register by emailing mfpl@sailsinc.org or by following this link: <https://tinyurl.com/y3buth86>.

Hello club members! I am organizing an outreach event about Obsessive Compulsive Disorder (OCD) which is an area I have research and clinical experience in working with. It is sponsored by the Mattapoiet library - it will involve a screening of a movie about OCD told through the eyes of kids with OCD, and then a panel discussion with me and two other therapists from McLean Hospital. The event is on Tuesday 10/13/2020 from 6:00pm - 7:30pm ET. People can register by emailing mfpl@sailsinc.org or by following this link: <https://tinyurl.com/y3buth86>.

Thanks, and let me know if you have any questions!
Morgan Browning



Morgan Browning, BA/BS, is a Community Residence Counselor at the Child and Adolescent OCD Institute (OCIDI Jr.) at McLean Hospital. She is a first year graduate student in University of Massachusetts Dartmouth's Masters of Research Psychology program, with interests in OCD, anxiety, acceptance and commitment therapy (ACT), and young adult risk behavior.



Caitlin White, LICSW, is a Senior Clinical Social Worker at the Child and Adolescent OCD Institute (OCIDI Jr.) at McLean Hospital, where she conducts individual, family, and group therapy using acceptance and commitment therapy (ACT) and exposure and response prevention (ERP). She has additional extensive training in dialectical behavioral therapy (DBT).



Alyssa Faro, PhD, specializes in evidence-based treatments such as acceptance and commitment therapy (ACT), cognitive behavior therapy (CBT), and exposure and response prevention (ERP) therapy for anxiety disorders, depression, and obsessive compulsive disorder in both children and adults. As a licensed clinical psychologist, Dr. Faro treats children and adolescents at the Child and Adolescent OCD Institute (OCIDI Jr.) at McLean Hospital, and in private practice.

Informal MWC Meeting at Ned's Point

These pictures were taken at Ned's Point Lighthouse, where 16 Mattapoissett Woman's Club members were able to attend an informal meeting. Everyone wore masks and spent a couple of wonderful hours catching up on what we have been doing during these unusual days.

Pictures by Jennifer Shepley, the daughter of long time member, Ann Shepley.



Who's Behind the Mask?

We are adding a new activity in Ladies Choice called "Who's Behind the Mask?"

There are five pictures of some members who met at Ned's Point to Socially Distance and spend some time together. The answer to who these Mystery Ladies are is included on last page in this issue.

To continue and join in the fun, put on your mask and take a selfie with your phone, (or ask someone else to take one) and send it to mjrottler@comcast.net



GROUPS SCHEDULES & INFORMATION

Garden Group

Wednesday, October 7, 10:00 am (ZOOM)

Please check your email for the Zoom invite from Lois Ennis or Sandy Hering. If you are exploring whether or not you wish to join the Garden Group, please contact Sandy Hering's email or cell phone and you will be included in this invite. This meeting features updates on our current planning of the Christmas Wreath and Greens sale as well as a special feature of learning how to make a professional looking bow, taught by our own Sharon Doyon so if you wish to participate in the workshop, have some ribbon and wire ready to practice while Sharon teaches. Any size ribbon will do, and remember that you can always end the video so you don't have to show your practice bow.



Sandy Hering
*Garden Group
Co-Chair*

Christmas Wreath and Greens Pop-Up: We are excited to announce the date of our **Mattapoisett Woman's Club Christmas Wreath and Greens Sale: Saturday, December 5th.** We have many opportunities for everyone in the club to participate in! Right now we are looking for donations of goods that will help us decorate the wreaths and arrangements that we make. Here is a list of ideas:

Ribbon. From the thick #40 that we make wreath bows with to the thin sizes that we can decorate boxwood trees with, all Christmas ribbon can be used. Premade bows in good condition.

Picks. Those plastic and artificial decorations that once embellished the wreaths that you bought.

Ornaments. The small ones are what we can most often use, but an occasional special one that perhaps is something special to Mattapoisett like a Salty ornament can become a theme for a special wreath.

Containers. This is a wide category. They might be Christmas mugs, clear glass bowls or white containers, especially small ones, or the special larger container that would look good with Christmas greens arranged in. Even a solo candlestick can be made into an arrangement by our talented designers. Here is where you can look beyond the actual Christmas themed items and clean out your cellar or cabinets where you might find containers that are neutral in color and which we can use.

Natural materials. Pine cones, shells, pods and pretty sticks. Go collecting and see what you can find in nature. We'll decide if we want to paint or glitter them once we get them.

Other supplies. Do you have cans of holiday spray paint, floral wire, floral tape or oasis? Let us know what you have and we'll tell you if we can use it.

Finally, if you have evergreens on your property that the Garden Group can carefully prune to use in making the centerpieces and decorating around town, please let us know if we can walk your property with you to learn what we can prune.

Erin Burlinson will have donation bins set up in her driveway, 26 North Street, beginning October 1st. Please feel free to drop them off at anytime. If you have questions about things that you are donating, please feel free to contact Susan Perkins, Sue Mitchell, Sharon Doyon, Kathy McAuliffe, or Sandy Hering. The soonest we receive your donations, the better so we can learn about what we have and what we will need to purchase. Great time to clean out the cellar!

Sandy Hering
Garden Group Co-Chair

GROUPS SCHEDULES & INFORMATION

Literature Group

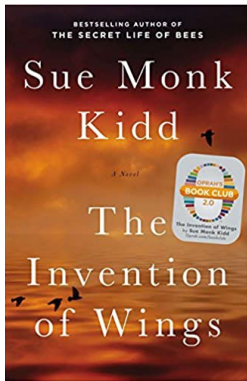
Friday, October 9, 10:00 am

115 North Street (Myra Hart's back yard)

The Literature group had a successful first meeting of the year on Zoom. After talking about our discussion book "*Lonesome Dove*", we decided on the books we will read for the Fall months. They are listed below. Our October meeting will be held outside in Myra Hart's back yard. **Please note the date is the second Friday which is a change from our usual second Wednesday meeting day.** Bring your own folding chair if you can or let Myra know if you need to borrow a chair. Parking is limited in the driveway but there is plenty of parking space across the street on Winter Hill.



Peg Olney
Literature Group Chair,
Ladies Choice Editor
1998 - 2018



Hetty "Handful" Grimke, an urban slave in early nineteenth century Charleston, yearns for life beyond the suffocating walls that enclose her within the wealthy Grimke household. The Grimke's daughter, Sarah, has known from an early age she is meant to do something large in the world, but she is hemmed in by the limits imposed on women.

Kidd's sweeping novel is set in motion on Sarah's eleventh birthday, when she is given ownership of ten year old Handful, who is to be her handmaid. We follow their remarkable journeys over the next thirty five years, as both strive for a life of their own, dramatically shaping each other's destinies and forming a complex relationship marked by guilt, defiance, estrangement and the uneasy ways of love.

As the stories build to a riveting climax, Handful will endure loss and sorrow, finding courage and a sense of self in the process. Sarah will experience crushed hopes, betrayal, unrequited love, and ostracism before leaving Charleston to find her place alongside her fearless younger sister, Angelina, as one of the early pioneers in the abolition and women's rights movements.

Inspired by the historical figure of Sarah Grimke, Kidd goes beyond the record to flesh out the rich interior lives of all of her characters, both real and invented, including Handful's cunning mother, Charlotte, who courts danger in her search for something better.

This exquisitely written novel is a triumph of storytelling that looks with unswerving eyes at a devastating wound in American history, through women whose struggles for liberation, empowerment, and expression will leave no reader unmoved.

LITERATURE GROUP BOOK SCHEDULE 2020

October *"The Invention of Wings"* by Sue Monk Kidd

November *"The Woman Who Smashed Codes"* by Jason Fagone

December *"Why Read Moby Dick"* by Nathaniel Philbrick

GROUPS SCHEDULES & INFORMATION

Knitting, Crocheting, Needlepoint and More!

Sandy Hering, Roberta Oakley, Alice Openshaw and Marie Rottler met on Thursday, September 25th, at 2 PM to chat and knit. Each of the ladies shared the current project they are working on. It was interesting to get the background of the different items being created. Sandy is knitting socks for her granddaughter. With the future in mind, she thinks that socks are a good project to give on special occasions during this time where lots of us have limited opportunities to go shopping. Roberta is working on a sweater. An additional thing she is doing involves felting. She is creating small dog statues that are created initially with wire and felting material is added to form the body of the dog. She then takes some of the fur from her dog to be used as the felting material. It is a cute, unique, and special project. Alice is creating a blanket for one of her daughters. Beyond the love going into this cabled blanket, is the fact that the yarn she is using comes from a fiber blend that contains wool from the sheep she raised on her farm in Maine, prior to moving here to Mattapoisett. Marie has found that knitting needs to be stress free during Covid, and she is creating shawls that she will donate to Tobey Hospital. The patterns are simple and shawls are completed rather quickly.

We all enjoyed our time to knit and chat. Sharing time with others has become very precious during 2020.

In addition to the monthly Woman's Club group, members of the COA and the Woman's Club have been meeting at **Ned's Point Lighthouse** on **Mondays at 11:00** with a change to Wednesday at 11:00 if the weather is bad. Anyone is welcome to join us. Bring a chair, knitting or handiwork project of your choice and join in the fun.

If you are interested, please contact me at mjrotter@comcast.net so I can create a Zoom list and send you the connection information to our meeting on October 22 from 2 pm to 4 pm.

Top left to bottom: Roxanne Bungert's blanket, Sandy Hering's socks, Marie Rottler's shawl.



Marie Rottler
*Knitting Chair,
Website*



2020 Taste of the Town

"TASTE 2020" Has been difficult and different this year. Instead of the big tent, the crowds of happy people, the Showstopper music, the harbor view, and the overall excitement, our restaurants were featured for a week during the summer. Throughout each featured week, members were encouraged to visit the restaurant, enjoy delicious food, and leave a green ticket to show our support. The ticket states "2020 Taste of the Town Thank you for your participation". There was a freestanding sign placed at the restaurant that states "This restaurant supports the Mattapoissett Women's Club Scholarship Fund."



Village Sign created the sign and Jim and Dan Bungert made the free standing stand. A very prominent visual notice that the restaurant supports Mattapoissett Students. Notices were sent in advance to the Wanderer, the Sippican Week, and to our Facebook and Website page. We have already collected donations of \$1135.00 to the Scholarship Fund from five of the restaurants.

Thanks to all the members who participated in this fund raising project.

Lois K. Ennis,
Chairman, Taste of the Town

Just For Laughs...

ADULT:

A person who has stopped growing at both ends and is now growing in the middle..

BEAUTY PARLOR:

A place where women curl up and dye.

CANNIBAL:

Someone who is fed up with people.

CHICKENS:

The only animals you eat before they are born and after they are dead.

COMMITTEE:

A body that keeps minutes and wastes hours.

DUST:

Mud with the juice squeezed out.

EGOTIST:

Someone who is usually me-deep in conversation..

HANDKERCHIEF:

Cold Storage.

INFLATION:

Cutting money in half without damaging the paper.

MOSQUITO:

An insect that makes you like flies better.

RAISIN:

Grape with sunburn.

SECRET:

Something you tell to one person at a time.

SKELETON:

A bunch of bones with the person scraped off.

TOOTHACHE:

The pain that drives you to extraction.

TOMORROW:

One of the greatest labour saving devices of today.

YAWN:

An honest opinion openly expressed.

WRINKLES:

Something other people have, similar to my character lines.

MWC Photo Gallery

Planning for Christmas Wreath Sale



*Photo of the Christmas Wreath Sale Planning committee:
Sharon Doyon, Sandy Hering, Susan Perkins, Kathy McAuliffe, Erin Burlinson and Sue Mitchell.*

“Walk” to Ram Island



*Left to right: Sandy Hering, Sue Mitchell, Elaine Botelho.
Ram Island can be seen in the far background between the heads of Sue and Elaine.*

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Carole Clifford

Vice President

Recording Secretary

Sherry Hoines

Corresponding Secretary

Elaine Grant

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Suzan Mitchell

Assistant Treasurer

Lois K. Ennis

Membership, Dues

Lois K. Ennis

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Marianne Hickey

Mary O'Keefe

Carole Clifford

Social Activities Chairpersons

Bridge 1

Betty Parker

Bridge 2

Jackie Slade

Knitting

Marie Rottler

Literature Group

Peg Olney

Social Cocktail Group

Cindy Turse

Welcome New Members

Judy Livolsi

Madeline Reid

Join our
FACEBOOK Group
to keep
informed of all
MWC
news & events!



JOIN NOW!

The Secret to
happiness
is a good
sense of
humor and
a bad memory.



www.facebook.com/ShutUpImStillTalking

The Mystery Ladies on page 4 are:

- 1) Lois Ennis; 2) Peg Olney; 3) Carole Clifford;
- 4) Christine ven de Kerckhof; 5) Myra Hart)